



Cottonwood Heights NEWSLETTER

May 2014
FREE



It's spring! Farewell winter

801-944-7000

www.ch.utah.gov

The Best Time To Begin Is Now

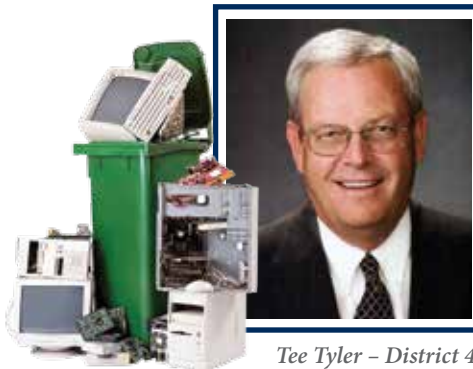
Message from
the City Council

Springtime in Cottonwood Heights, Utah is my favorite time of the year. Flowers pop up, snow melts, the sun comes out more and so do all of my great neighbors. It truly is an annual time of renewal and awakening.

If you buy into the concept that each property owner in our city owns a piece of our city, then it seems that we are all responsible for the city's cleanliness and beautification, lot by lot and property by property. Our little corner of the world is ours to make better and more appealing.

To assist each citizen in their own spring home and yard cleanup, I want to provide information that you may find useful. The following are some programs, services and tips that can assist you in your spring cleaning efforts.

- Wasatch Front Waste and Recycling and Cottonwood Heights offer **fee waivers** for up to \$10 off one load of material dropped off at the Salt Lake Valley Landfill. (6030 W. California Ave.) Loads that qualify for the fee waivers can include bulky household and green waste but not hazardous waste such as tires, batteries, oil, paint or chemicals. Fee waivers are available at the city offices.
- Residents can recycle **glass** by dropping it off at several drop-off



Tee Tyler – District 4

points throughout the county. One of the closest glass drop-off points for Cottonwood Heights residents is at the Holladay city offices, located at 4580 S. 2300 E. Other locations can be found on the sanitation district's website, www.wasatchfrontwaste.org.

- The Salt Lake Valley Landfill provides **household hazardous waste (HHW) disposal**. Household hazardous waste includes electronic waste such as televisions, computers and cell phones, as well as paint, oil, chemicals, batteries, fuels, fluorescents and pesticides. Call the landfill at 385-468-3862 for more information.
- For large amounts of household bulky waste or green waste, residents of Cottonwood Heights can **rent trailers** from the sanitation district. Call Wasatch Front Waste and Recycling District at 385-468-6325 to learn more about rates and availability.

Continued page 3

CITY INFORMATION:

City Council Members

MAYOR - **Kelvyn H. Cullimore, Jr.**
kcullimore@ch.utah.gov

DIST# 1 - **Michael L. Shelton**
mshelton@ch.utah.gov

DIST# 2 - **J. Scott Bracken**
sbracken@ch.utah.gov

DIST# 3 - **Michael J. Peterson**
mpeterson@ch.utah.gov

DIST# 4 - **Tee W. Tyler**
tt Tyler@ch.utah.gov

CITY MANAGER – **John Park**
jpark@ch.utah.gov

City Office:

1265 E. Fort Union Blvd. #250
Cottonwood Heights, UT 84047

Phone: (801) 944-7000

Fax: (801) 944-7005

Numbers to Know:

Emergency	911
Dispatch	840-4000
Fire Authority	743-7100
Animal Control	840-4000
Justice Court	273-9731

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Call Direct:

Customer Service	944-7000
City Manager	944-7010
City Planning	944-7065
Public Works	944-7090
Recorder	944-7020
Treasurer	944-7077
Finance Director	944-7012
Code Enforcement	944-7095
Media Relations	944-7015
Police Administration	944-7100

Agendas are posted 24 hours in advance of public meetings.

For details about the agendas, check our web site:
www.ch.utah.gov

Writer/Editor - **Stephanie Dickey**
sdickey@ch.utah.gov

Designer - Jeimi Woffinden

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CH Foster Mother Honored During National Foster Care Month

Foster parents provide stability, compassion and help for thousands of children each year who find themselves in desperate circumstances beyond their control. The month of May is National Foster Care Month, and as part of the festivities Utah Foster Care will honor Cottonwood Heights resident Tammi Sumsion as Salt Lake Valley Foster Mother of the Year at a March for Kids on May 9.

"I'm so honored to have this opportunity and be able to share my thoughts about everything that's wonderful about foster care," said Sumsion.

Tammi and her husband Doug are the parents of two adopted sons with

special needs and became licensed foster parents in 2011. They then fostered a two-year-old boy named Orion, who was born prematurely and diagnosed with cerebral palsy. He was also a victim of neglect.

Despite these obstacles, the Sumsions went above and beyond in their care of Orion. Tammi attended countless medical appointments and therapy sessions and continued to work with Orion at home. Though doctors had predicted that Orion would never be able to eat solid food or communicate, after a year and a half with the Sumsions he was able to eat some foods, could crawl and roll on the floor unassisted and had developed the

ability to communicate through noises and sounds.

While caring for Orion, the Sumsions also agreed to foster Orion's newborn biological sibling Kenni. Baby Kenni's biological mother had tested positive for AIDS and had been using drugs during her pregnancy. Tammi visited Kenni consistently in the hospital and has helped her thrive despite a severely compromised immune system and frequent medical appointments.

Orion was recently adopted by a family out of state. Tammi's efforts to help Orion learn and grow are a significant reason why Orion was able to find a permanent, loving home. The Sumsion family continues to welcome



Kenni in their home, and she is now five months old.

Tammi's success will be recognized after the March for Kids on May 9. The march begins at 11:45 a.m. at the Salt Lake City and County Building at 451 S. State Street. For more information about Utah Foster Care and to find out how to become a licensed foster parent, visit utahfostercare.org or call 1-877-505-KIDS.

"FIZZ, BOOM, READ!" THIS SUMMER AT THE LIBRARY

This year everyone is invited to experiment with reading at all Salt Lake County Library locations by joining the science-themed Summer Library Program called "Fizz, Boom, Read!" The annual Summer Reading Kickoff Party will start things off Saturday, June 7 from 11 a.m. to 3 p.m. at the Viridian Event Center and Veterans Memorial Park in West Jordan. There will be free live music, entertainers, activities, exhibitors, a giant inflatable playground, train ride and crafts for the kids.

The library's summer program is designed for the whole family to enjoy, from toddlers to adults, and runs June through August. Last year there were over 35,000 participants throughout the summer.

Book lovers of all reading levels can begin signing up on Monday, June 2 at any library location. A variety of incentive prizes are available for each

age group. When you complete your reading records, bring them into the library by August to receive the final prizes. Parents are encouraged to participate, since children who see their parents reading are more likely to become book lovers themselves.

You can also read down your fines! Kids and teens can have fines reduced anytime during the summer, and adults who finish the program may choose a fine waiver instead of the free book prize.

The Whitmore Library will have a variety of programs and activities for the whole family throughout the summer. Whitmore is also looking for motivated teens who would like to volunteer to help run the Summer Library Program.

Interested in more information? Visit your local library, or check the library's website at slcolibrary.org



Facts about Utah Children in Foster Care

- The Utah Foster Care Foundation is a private, non-profit organization contracted by the Division of Child and Family Services (DCFS) to find, educate, and support foster and adoptive families to care for the children in Utah's foster care system.
- In Utah, there are about 2600 children in foster care at any given time and around 1300 licensed foster/adoptive families.
- Children in foster care often have special needs due to neglect, abuse or separation. Substance abuse is a contributing factor in many foster care cases.
- In Utah, most children are in foster care for about 12 months; some children may stay in foster care for much longer. The length of time a child is in foster care varies depending on their family's individual circumstances.
- 58% of children who enter foster care return to live with their birth parents or another relative. Foster families have the opportunity to mentor and support parents who are working to have their children returned to them.
- Many children are adopted from foster care. Last year, 543 children were adopted from foster care in Utah. Most are adopted by their foster parents.

2600 children
in Utah foster
care



- Children in foster care are between the ages of 0-19. The greatest need is for families who are able and willing to care for children over age 8.
- Many children enter foster care with brothers and sisters and need foster families who can help them stay together.
- Children in foster care come from all racial and cultural backgrounds. There is a need for families of all races and cultures to come forward. Children do better when placed with families who can help them maintain their cultural and racial identities.
- Foster parents can be married or single. They can own or rent their homes. It takes 32 hours of training and the ability to pass a criminal background check to become a foster parent in Utah. The Utah Foster Care Foundation and Division of Child and Family Services provide ongoing training to foster and adoptive parents throughout the state.

AUDITIONS

May 6-8

6:30 p.m.

City Offices

1265 E. Fort Union Blvd.

Actors, singers &
dancers needed!

(Children ages 8-11 can audition
with an auditioning parent.)

**Fiddler
on the
Roof**



www.arts.ch.utah.gov

AUDITIONS

for this summer's
production of



Auditions for this summer's production of "Fiddler on the Roof" will be held May 6 to May 8 at the city offices starting at 6:30 p.m. each night. The auditions are open to anyone age 11 and older, though children ages 8 to 11 may audition with an auditioning parent. The production team will cast all principle roles and a large ensemble.

To audition, come prepared with 16 bars of music to sing. An iPod/CD player will be provided, but a piano will not be available. Short reading scripts will be provided. Those auditioning for the role of Tevye should also come prepared with a one to two minute monologue.

Audition forms are available on the arts council website at www.arts.ch.utah.gov. Completed audition forms may be mailed to mnettleship@ch.utah.gov or brought to the audition.

Rehearsals will begin the third week of May and run through July. Performance dates are July 18, 19, 21, 25, 26 and 28.

Musicians Needed For Community Orchestra, "Fiddler on the Roof"



The Cottonwood Heights Community Orchestra is busy preparing for its next concert on Saturday, June 7 at 7 p.m. in the Butler Middle School Auditorium. It is not too late to join the orchestra, and we are eagerly seeking new members who play the following instruments: violin, viola, cello, string bass, English horn, oboe, bass clarinet, bassoon, saxophone, horn and trumpet. The group rehearses each Thursday night at Butler Middle School in room C110 from 7 to 9 p.m.

We are also seeking interested musicians that would like to be involved in the Summer Musical Pit Orchestra for the production of "Fiddler on The Roof." The pit orchestra needs musicians who play violin, viola, cello, string bass, flute, clarinet, bass clarinet, bassoon, English horn, oboe, trumpet, horn, trombone, guitar, percussion and accordion. Rehearsals for this group will begin in late May or early June for performances in July.

Those interested in joining either group should contact Shaun Davis by emailing: chcorchestra@gmail.com.

HISTORICAL QUESTION

A call to police officers in September of 1937 reporting that livestock at a neighbor's residence in Butlerville were starving resulted in an unexpected discovery. What did officers find?

Spring Fire Safety

By Chief Robby Russo

Now that it's spring, thoughts turn to cleaning up from the long winter, making repairs around the home and enjoying the outdoors. Keeping a few safety thoughts in mind will help make your experience much more enjoyable.



Inside the Home:

- » Check and clean your smoke and carbon monoxide detectors.
- » Check your fire extinguishers.
- » Check for overloaded or damaged extension cords.
- » Prepare for storm-related outages: make sure your flashlights and portable radios have batteries and that other supplies (such as bottled water) are stocked and available.
- » Practice exit drills with your family so everyone knows what to do in case of an emergency.
- » Properly store household chemicals and never mix cleaning agents.

Outside and Around the Yard:

- » Make sure your house address numbers are up and visible from the street.
- » Clean up yard debris. Cut back dead limbs and grasses.

- » Maintain a clear 'fire zone' of 10' around structures. Clean up leaves and debris and consider using stone or non-combustible mulches.
- » Check outdoor electrical outlets and other electrical appliances.
- » Get your grill cleaned and serviced. Check all propane tanks and lines for leaks and damage.
- » Keep 100 feet of garden hose with an attached nozzle connected and ready for use.



In the Garage or Shed:

- » Clean up and properly store paints as well as pool and yard chemicals.
- » Check fuel containers for leaks and make sure they are properly stored.
- » Have all power equipment cleaned, serviced and readied for use.



Neighbors Can Help By April Ensign, Victim Advocate

I am frequently asked how citizens can help victims of domestic violence in our community and I am extremely delighted when citizens find the time to educate themselves and help their neighbors in Cottonwood Heights. Support from the community gives victims of domestic violence the strength they need to transition from being a victim to a survivor.

There are several ways you can help victims of domestic violence. First, educate yourself about domestic violence. Domestic violence is a systematic pattern of abuse which occurs when one person uses violence to gain power and control over another. The pattern of abuse may consist of one or a combination of the following types of abuse:

- **Verbal abuse**--yelling, name calling.
- **Emotional abuse**--threatening suicide if victim leaves, threatening divorce or that they will take the kids if the victim leaves, threatening deportation or that the victim will get arrested if he/she calls police, etc.
- **Social/environmental abuse**--isolating the victim, controlling finances, establishing rigid gender roles, depriving the victim of medical care or food, damaging property etc.
- **Physical violence**--pushing, slapping, punching, biting, pulling hair, strangulation, using a weapon, etc.
- **Sexual violence**--sexual criticism, excessive jealousy, forcing sex, forcing victim to perform sexual acts, does not allow contraceptives, etc.
- **Stalking**--harassing messages or phone calls, repeatedly violating protective orders, following, burglaries, using tracking devices,

using social media to harass victim, etc.

Typically, the violence escalates and becomes more frequent and/or severe over time. To learn more about domestic violence, the Utah Domestic Violence Coalition offers a free web-based training at www.udvc.org.

If you suspect someone you know is being abused, speak with them privately and tell them you are concerned. If the victim shares their story with you, listen openly and non-judgmentally. Believe their story. Many victims are afraid no one will believe them. Tell them it is not their fault. Let them know there is help available and encourage the victim to access it. Respect the choices they make even if you disagree with them.

The Cottonwood Heights Victim Assistance Program strives to help victims live a life free of abuse. We provide crisis intervention, safety planning, resource and referral services, and support and advocacy in the criminal justice system. Our services are free and available to victims who speak any language. You may contact a victim advocate in Cottonwood Heights Monday through Friday from 8 a.m. to 5 p.m. at 801-944-7042 or 801-944-7103. Victims may also contact the Utah Domestic Violence Hotline 24 hours a day at 1-800-897-5465.

To volunteer or to learn more about Cottonwood Heights Neighborhood Watch call Sheila at 801-944-7032



Butlerville Days
BE PART OF THE FUN!

HELP WANTED: Butlerville Days

The Butlerville Days committee is looking for food vendors, volunteers, on-stage entertainment and parade participants for this year's Butlerville Days celebration.

For more information you can go to the Cottonwood Heights website at www.ch.utah.gov and click on the Butlerville Days logo, or you can follow Butlerville Days on Facebook. You can also contact City Events Coordinator Ann Eatchel at aeatchel@ch.utah.gov or 801-550-8225.



The playing fields at Mountview Park are in the process of getting some much-needed rejuvenation and relaxation. In order to improve the fields, they were recently aerated and the grass has been re-seeded.

Unfortunately, while we wait for the new grass to take hold, the fields cannot handle any wear and tear. Therefore, we ask that you please keep off the fields until later in the year. We know this is an inconvenience, but we appreciate your help in making the Mountview fields better and stronger than ever.



Benefit To Raise Money For Children In Local Businessman's Memory

After Carl's Café owner Kent Parker passed away unexpectedly in January, other local business owners wanted to find a way to honor their friend and colleague while making a positive impact in the community. The result is a car show and sidewalk festival to benefit Primary Children's Hospital, which will be held on Saturday, May 31 from 11 a.m. to 4 p.m. at Hillside Plaza.

Besides the car show, there will be food vendors and a sidewalk sale as well as representatives from the Humane Society and a Red Cross blood drive. Cottonwood Heights Police Department will also support the event with police motorcycles and a police car.



Cottonwood Heights Residents Make Food Drive A Success

This year, Cottonwood Heights decided to place one of its young residents in charge of the annual food drive. Nick Tygesen was looking for an Eagle Scout project and the food drive was a perfect fit for him.

Nick came in ready to take charge of this event. He coordinated with the Utah Food Bank, Whitmore Library and the Cottonwood Heights Recreation Center. He spent many hours finding volunteers, putting up posters, dropping off collection barrels and picking up the donated food.

"Nick was surprisingly mature for an 8th-grader (Butler Middle School)," said City Events Coordinator Ann Eatchel. "He

showed great organization skills and his leadership was astonishing."

However, Nick didn't do all the work by himself. He wants to make sure to thank Troop 709 and his family and friends for helping out.

Cottonwood Heights' residents should be proud of themselves as well. Together, we brought in more than 500 pounds of food which will feed many families in the community. Great job!



he currently serves as board chair of the Utah Geographic Information Council (UGIC), and nationally as a member of URISA, a national association for GIS professionals.

Kevin grew up close by in the Cottonwood and Murray area and loves Southern Utah. He enjoys traveling, photography, hiking, and golf. He spends most of his down time coaching competition soccer and playing ice hockey.

Kevin is also responsible for assigning new addresses in the city.

Kevin loves his profession and is actively involved in professional development at the state level where



Employees in the Spotlight

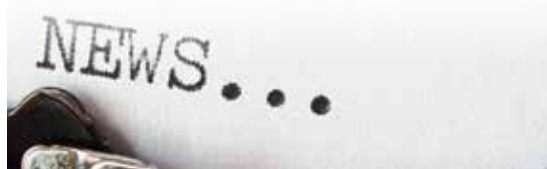
Kevin Sato

Kevin Sato is the GIS Specialist for Cottonwood Heights. GIS, or Geographic Information System, is a computer system designed to analyze, manage, and map all types of geospatial data including land parcels, zoning, natural hazards, utilities, and buildings. This data is used by city staff to assist them in their daily activities. The public also has access to this type of information through interactive web maps that are available on the city

Our City Newsletter Is Getting A Makeover!

Everyone enjoys a good freshening-up once in a while, and we have decided the time has come to do the same for our city newsletter. Beginning in July, the newsletter will be mailed independently to homes and businesses throughout Cottonwood Heights at the end of each month. It will contain the same informative content but with a newer, updated look.

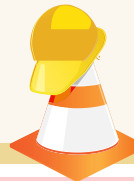
In next month's issue, we'll give you a sneak peek at the newsletter's new makeover. In the meantime, let us know what you'd like to read about and the things you would like to see included in our newsletter. Email comments and suggestions to Stephanie Dickey at sdickey@ch.utah.gov or call her at 801-944-7015'



Construction To Begin On 3000 East Retaining Wall

Crews are set to begin replacing the retaining wall along the west side of 3000 East during the month of June. While work is being completed, the sidewalk along that side of the street from East Cottonwood Parkway (6515 South) to Juliet Way (6660 South) will be closed.

The construction is not expected to impact traffic lanes, but crews will be working along the shoulder of the road. We urge residents to slow down and use caution while driving in the area.



CITY HALL UPDATE

Since the announcement in March that Cottonwood Heights is planning to build a city hall building, the city's leaders and staff have been working steadily to move the project forward.

At city council meeting on Tuesday, April 8, the city council approved two resolutions relating to the city hall project: the assumption of eight real estate purchase contracts for 4.7 acres of land at 2300 East and Bengal Boulevard, and the authorization of the issuance and sale of sales tax revenue bonds to finance the land acquisition and construction of the municipal center. A public hearing regarding the issuance of the bonds is set for May 6 at 7 p.m. at the city offices.

Also in May, the city council will choose an architect for the project as well as a general contractor. Demolition on the property's existing structures is expected to begin in September with construction beginning in the fall.

Updates on the project as well as related documents and instructions for submitting comments are posted on the city's website, www.ch.utah.gov. Just click on "A New City Hall."



Spring Fling



At 10 a.m. on Saturday, April 19, approximately 2,000 kids stormed the field at Butler Park for the city's annual Easter Egg Hunt and collected more than 28,000 eggs, candies and toys. The weather was perfect for this fun event which included balloon artists, face painting and visits from the Easter Bunny and friends.

We extend our thanks to the organizations and volunteers that made this event possible: the Cottonwood Heights Recreation Center, Unified Fire Station 116, Brighton High School Hockey, the Cottonwood Heights Youth City Council, and Starbucks as well as the Cottonwood Heights City Council and City Events Coordinator Ann Eatchel.



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COTTONWOOD HEIGHTS NEW BUSINESSES

BUSINESS	BUSINESS ADDRESS	BUSINESS TYPE
Kenneth S. Yonemura MD, PS	6360 S. 3000 E. #210	Medical Practice
Morse, Barnes-Brown & Pendleton, PC	2825 E. Cottonwood Pkwy #500	Legal Services
Whispering Waters Wellness Center	6786 S. 1300 E.	Health & Aesthetics

HISTORICAL ANSWER

When deputy sheriffs arrived at the residence rented by the Harrisons, they found a veritable loot storehouse. Property that had allegedly recently been stolen from a Salt Lake home and a Sandy home was identified. It was also determined that the whole house had been furnished with stolen property. At the time the home was raided by officers, the Harrisons were being held in the Box Elder County Jail on charges of burglary. With the discovery, officers were able to clear eight burglary cases: four in Salt Lake County, two in Utah County, and one each in Davis and Box Elder Counties.

Deputy sheriffs said the Harrisons had been "in the habit" of visiting rural communities during "fete" days and cleaning out homes while the occupants participated in celebrations. Their journey to Peach Days in Brigham City resulted in their arrest.



PRESENTED BY

WELLS
FARGO

★ **ON LOCATION:**
JORDAN RIVER
parkway

**CELEBRATE WITH YOUR
FAMILY & NEIGHBORS AT SEVERAL
FESTIVITIES ALONG THE ENTIRE
RIVER CORRIDOR**

saturday
May 31 ★ 10am-2pm

**BRING YOUR BIKES, STROLLERS,
WALKING SHOES & EXPERIENCE
THE JORDAN RIVER PARKWAY**

+info: GETINTOTHERIVER.ORG

SPECIAL THANKS TO OUR SPONSORS & PLANNING PARTNERS!



City Council Article Continued from page 1



- The Cottonwood Heights Police Department accepts **unused or expired medications** at a secure drop box in the police lobby, no questions asked. Please, no needles or loose pills. The drop box is located on the first floor of the city offices, 1265 E. Fort Union Blvd. and is available from 8 a.m. to 5 p.m., Monday through Friday.
- This year, **area cleanup dumpsters** will be available in the city from Aug. 13 to Aug. 29. Neighborhood residents will be notified a few days in advance of dumpster delivery.

There is an old proverb that says, "The best time to plant a tree is 20 years ago. The second best time is now." So come on, fellow CH residents! Sweep it, mulch it, paint it, scrub it, clean it out and throw it away. Spring is here! Let's see what we can do to improve our property, our city, our part of the world. Thank you for helping to make Cottonwood Heights a beautiful place to live.

CITY COUNCIL MEETING SCHEDULE

All City Council business meetings are held in the council chambers, 1265 East Fort Union Blvd., Ste. 300. The work meetings are held in the conference room at the same address but in Ste. 250. The meeting schedule is as follows:

- **Tuesday, May 6th**
6 p.m. Work Meeting
(reconvenes following business meeting)
7 p.m. Business Meeting
- **Tuesday, May 13th**
6 p.m. Work Meeting
(reconvenes following business meeting)
7 p.m. Business Meeting
- **Tuesday, May 20th**
6 p.m. Work Meeting
- **Tuesday, May 27th**
6 p.m. Work Meeting
(reconvenes following business meeting)
7 p.m. Business Meeting

COTTONWOOD HEIGHTS RECREATION CENTER

GET YOUR MEMBERSHIP FOR SUMMER NOW

OUTDOOR POOLS OPENING
 Friday, May 23: 3:00 pm - 8:00 pm
 Saturday, May 24: 12:00 pm - 8:00 pm
 Sunday, May 25 & Monday, May 26: 12:00 pm - 5:00 pm
 WEATHER PERMITTING

SWIM LESSON SIGN-UP'S HAPPENING NOW
 First session begins June 9
 Second session begins June 23
 Mornings & Afternoons

LEARN TO SKATE
 All levels are available
 Mondays & Wednesdays
 12:00-12:30 pm or 6:15-6:45 pm
 Session I begins June 30
 Enroll in both Summer Session I & II & receive a \$20 discount*
 *Must register in-person at the CHRC front office to receive discount price

NOW HIRING
 We are currently accepting applications for Part Time
 Tennis Instructors, Swim Instructors, Lifeguards and Cashiers

TRI THE HEIGHTS
 Swim, Bike, Run
 Registration has begun for our Sprint Triathlon on May 31
 Sign up at CHRC or www.active.com

BEGINNING HOCKEY LESSONS
 Mondays & Wednesdays
 12:45-1:30 pm
 Session I June 30-July 16
 Session II July 21-August 6
 New program

CAMPS
PLAY-WELL TEKNOLOGIES: Lego Camp. www.play-well.org
IMPRESSIONS PRE-SCHOOL: impressionspreschools.com 801.859.6069
KARATE: www.karatelessons.info 801.983.5262
SPIRIT PRODUCTIONS: Dance & Cheer spiritdancecheer.com 801.944.5463
HOLLADAY LIONS: www.recreation.slc.org/holladaylions/youthsports/youthsports.html 385.468.1700
ROBOTICS: www.roboticsutah.com/sign-up
TUMBLING: www.CottonWoodHeightsTumbling.synthasite.com 801.480.0877
MAD SCIENCE: greatersaltlake.madscience.org 801.292.8646
STRETCH-N-GROW: <http://www.wasatchfamilyfitness.com>

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COTTONWOOD HEIGHTS PARKS & RECREATION SERVICE AREA

7500 S. 2700 E. Cottonwood Heights, Ut. (801) 943-3190. cottonwoodheights.com



Register for the Butlerville Days 5K!

This year, we are celebrating our tenth annual Butlerville Days with a 5K run/walk on the morning of July 24. We are pleased to announce that registration for this event is now open!

You can sign up in two ways: online at www.activityreg.com, or you can stop by and register at the Cottonwood Heights Recreation Center. The early entry fee for adults is \$25 and \$20 for kids aged 11 and younger. After July 18 the registration fee will increase. Registration includes entry into the race and a dry tech shirt.

We hope to see you there!

Shake Out. Don't Freak Out.



The Great Utah
Shake Out

Register at www.ShakeOut.org/utah

It's Never Too Late To Prepare

What did you do for ShakeOut 2014? Here at the city offices, we dropped, covered and held on. Even the planning department took time out of their weekly staff meeting to participate in the earthquake drill. (Bringing snacks was a brilliant move on their part!)

Even if you didn't get a chance to participate in ShakeOut, it's never too late to prepare for an emergency. Start now and start small. Emergency preparedness is not something that can be achieved in a day. Little by little, work with your family to store water, food and emergency supplies. Figure out a family meeting place and communications plan. Remember: small, consistent steps will help you reach the goal.

A great place to start is www.bereadyutah.gov. Good luck—you can do it!

