

Cottonwood Heights, UT
March 2018 • FREE

NEWSLETTER

www.ch.utah.gov



Keeping Traffic Moving

By Council Member J. Scott Bracken



We've all been frustrated when caught in traffic jams only to find out once we make it up to where the problem occurred, the accident is on the OTHER

side of the freeway/street. Keeping traffic moving is not only key to getting the most out of our roadway capacity, it also keeps our air clean with less idling and our frustration levels down.

A few significant things we are undertaking to make traffic and roads in Cottonwood Heights better include:

- Pavement Condition Index study (PCI)
- Highland Drive/Fort Union intersection upgrades
- 2700 East resurfacing
- Bengal Boulevard and 2300/2325 East roundabout

Nobody likes driving through or around roadwork, yet nobody likes driving on old roads that desperately need repair either. It's a classic catch-22 and is at the core of one of the most basic responsibilities a city has: keeping up the roads so everyone can get to where they want to go. I find that roadwork and the inherent delays are a little more palatable if you at least know why it's happening.

The Pavement Condition Index study is in process, and we should have data to review in the next month or so. This study assesses the condition of EVERY single road/street/circle in the city and assigns a numerical value based upon what the condition is. For example, a newly constructed road might have a condition index of 97 (out

of 100) and a road so worn down that the only option is a complete rebuild might have an index of 25.

With this information, the City Council hopes to outline a path to keep our roads in good condition, and how much funding will be needed to do it. Like most cities, we've tried our best to do all we can with the declining value of the gas tax, and have supplemented the gas tax revenues (Class C road funds) with general fund money to keep our roads in good repair, but we are falling behind. With information from the study, we can put together a multi-year plan and determine the best way to keep everyone moving.

Last summer, you probably noticed construction around the Fort Union/Highland Drive intersection. Most of that work was done to move the large power poles out of the way so intersection improvements can be made. This project has been a long time in coming. We received federal Surface Transportation Program (STP) money to add double left turn lanes in each direction, and dedicated right-hand turns on each leg as well. Some forethought from our engineering and planning departments in the past ensured we'd have right-of-way on the eastside of Highland Drive (Zions Bank and the Check City properties). We've acquired the necessary right-of-way at the Chevron station and the Wells Fargo Bank. Work will begin this summer, most likely at the end of May. While we'll have to put up with the delays during construction, adding the additional turn lanes will allow through traffic



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Keeping Traffic Moving, continued on page 3

Upcoming Cottonwood Heights Events

- March 1-31 Photography Show @ City Hall
- March 7 Planning Commission Meeting @ City Hall - 6 p.m.
- March 9 Photography Show Open House and Awards Presentation @ City Hall - (open house: 3 to 9 p.m. – artist reception & awards ceremony: 7 p.m.)
- March 15 Community Health Series “Myth-busting Low Back Pain” @ City Hall - 6 p.m.
- March 19 Wasatch Boulevard Open House @ City Hall - 6:30 p.m.
- March 29 Business Boot Camp “Understanding Your Brain” @ City Hall - 5:30 p.m.
- March 30 Teen Ice Party @ the CH Recreation Center - 7 p.m.
- March 31 Easter Egg Hunt @ Butler Park - 10 a.m.
- April 14 Cottonwood Heights Shakeout @ City Hall and the CH Recreation Center
- May 11-12 “Big The Musical” auditions @ City Hall - (more information on Page 4)
- May 18-19 LINK Dance Festival @ CH Theater (Butler Middle School) - 7:30 p.m.

Set Your Calendar for LINK Dance Festival



LINK is powered by SALT Contemporary Dance, a not-for-profit organization that connects elite performers with companies across the state of Utah and choreographers from around the world. LINK will hold a week-long program festival in May, with performances on May 18 and 19 at the Cottonwood Heights Theater at Butler Middle School (7530 S. 2700 East).

The festival consists of ballet and contemporary dance classes, workshops, rehearsals and creations.

Their work will culminate with the following performances:

- **Friday May 18, 7:30 p.m.** - Evening Length Concert with 12 dance companies and projects including SALT Contemporary Dance.
- **Saturday May 19, 7:30 p.m.** - Evening Length Concert.

For more information or to purchase tickets, go to www.saltdance.com. ■

Easter Activities Coming March 30-31



Cottonwood Heights will hold two events to celebrate the Easter season.

On Friday, March 30, there will be a Teen Night held at the Cottonwood Recreation Center (7500 S. 2700 East) from 7 to 9 p.m. There will be free ice-skating, treats, games and

more. It's for kids ages 13 to 18, and it's free.

On Saturday, March 31, at 10 a.m., the Kids' Easter Egg Hunt will take place at Butler Park (behind Butler Middle School). Before and after the hunt, there will be face painting, balloon animals and other fun activities. The Easter Bunny himself will also be there. In the case of bad weather, accommodations will be made to ensure that all kids get eggs and prizes. You'll want to arrive early to make sure your children get separated into their proper age groups and are able to join in on all the fun. Children will need to bring their own baskets, too.

Come and enjoy all the springtime fun! ■



Keeping Traffic Moving, *continued from cover*

to keep moving rather than having to slow down for those making turns. The double left turns mean less time for everyone else at the

"The goal is to keep our roadways up to date with the least amount of delay and frustration possible."

intersection, as the queue can empty out a lot more rapidly.

This project will also include an upgrade to the entrance from Highland Drive to westbound I-215. The right-hand lane will be dedicated only to the freeway entrance and lane No. 2 will be an option to continue northbound or onto westbound I-215. These lanes will merge prior to the existing single-lane flyover ramp onto the freeway. This will avoid stacking that occurs on the outside lane at the Highland Drive and Blackstone Drive intersection, as well as the last-minute merging that occurs at the freeway entrance.

Additionally, we will be making much needed improvements to 2700 East. We will be reconstructing the section in front of Butler Elementary School. It has deteriorated to the point that standard maintenance will not help anymore. We will also be working to make repairs at other locations along 2700 East down past the Recreation Center for additional surface treatment. This should give

approximately another five years of life to the road. We anticipate beginning this project when school is out.

In 2012, our traffic engineers updated an application for funding from the Congestion Mitigation and Air Quality (CMAQ) at Wasatch Front Regional Council to install a roundabout at the intersection of Bengal Boulevard and 2300/2325 East. The application scored higher (for congestion mitigation, delay reduction and reducing emissions) than any other municipal project. The intersections have a combined total of over 17,500 car trips a day. By moving from a split-phase intersection to a roundabout, the average estimated wait time is reduced by about 15 seconds per trip — totaling more than 70 hours of reduced idling per day and an annual cost savings in fuel etc. of more than \$200,000 per year. Saving time and money, as well as lessening idling emissions, are great benefits. Construction will likely begin summer of 2019.

I have heard concerns about roundabouts being unfamiliar, newfangled, and even trendy. While this roundabout will be a first for Cottonwood Heights, the use of roundabouts predates traffic lights. Roundabout use continues to grow throughout the country and



state — primarily because they increase traffic flow and reduce the number of accidents, especially severe accidents with injuries. The reduction in severe accidents is a natural consequence of removing conflict points (right-angle turns, and head-on approaches) in the intersection. Also, unlike a signalized intersection, there is no 'green means go' where drivers do not slow down at all when the light is green. Public awareness and education are the best ways to help keep things moving and to ensure public safety.

Often we need to go through some inconveniences like road maintenance to improve things overall, but the improvements do warrant the effort to get them done. This summer will be a challenge at the Fort Union/Highland intersection, and along 2700 East. Next year, it will be along Bengal Boulevard. More projects will come after that — out of necessity, they always do! The goal is to keep our roadways up to date with the least amount of delay and frustration possible. ■

Get Ready for Butlerville Days



It's a tradition deeply rooted in Cottonwood Heights, and this year's Butlerville Days is shaping up to like no other summer celebration. As always, there will be great entertainment, games, the City of Fun Carnival, the BVDays Parade and of course, the best fireworks show in the valley.

This exciting two-day celebration is planned by a committee of volunteers in conjunction with Cottonwood Heights city staff and the Cottonwood Heights Recreation Center.

Save the date, and make plans to participate at Butlerville Days this summer!

In 2018, Butlerville Days will be held on Monday and Tuesday, July 23-24.

During March, we will begin accepting applications for parade grand marshal, parade entries, our creative craft market, stage entertainment, pickleball tournament, and the 5K Fun Run/Walk.

To nominate someone for the Parade Grand Marshall, submit an application, or information on any of these activities, go to the Cottonwood Heights city website or stop by the Cottonwood Heights City Office. ■

Auditions Set for "Big The Musical"



Come audition for Big the Musical! We need people of all ages but we are **STRONGLY** encouraging all men and boys to try out.

There are lots of parts for you, so come try out on May 11 or 12 at City Hall. More information will be available online at arts.ch.utah.gov.

Please come prepared to sing 16-18 bars from a musical in a similar style. An accompanist will be provided. No "minus vocal track" recordings, please. ■

Utah Legislature Cuts Back Number of Fireworks Days

The Utah State Legislature has voted to cut back the number of days Utahns can shoot off fireworks from 14 days to eight. But lawmakers resisted attempts to allow cities to ban fireworks altogether.

Rep. Marie Poulson, D-Cottonwood Heights, supported an amendment that would have allowed cities to adopt a complete fireworks bans. She pointed to the errant fireworks that damaged a neighbor's house and other structures, near 3400 E. Banbury Road, and burned about 25 surrounding acres. But fellow legislators expressed concern that an outright ban would shift the problem, causing

residents in cities where fireworks were banned to go to neighboring cities to light them off.

Last July 11, the Cottonwood Heights City Council banned all personal aerial fireworks that reach higher than 15 feet in the air. Ordinance 275, which was effective through Dec. 29, 2017, was passed in response to extreme fire danger in the area. The fireworks that caused the damage in Cottonwood Heights City last July 4 were set off in a restricted/banned area, but city officials had hoped that a temporary aerial ban would prompt the Legislature to grant communities more control over fireworks.



The bill that legislators passed allows use of fireworks from July 2-5 and July 22-25. It also gives cities power to ban fireworks in certain areas depending on fire hazards. Additionally, it raises the fines for non-compliance from \$750 to \$1,000, and clearly makes people who set off fireworks liable for any damage they cause. House Bill 38 cleared both the House and Senate, and awaits the governor's signature. ■

Volunteers Honored

They are there to help out, organize and make life better in the community, and they don't do it for money; they do it because they care.

Many of Cottonwood Heights' volunteer leaders gathered on Jan. 27 to receive honors during a special dinner at City Hall.

Volunteers for Butlerville Days, the CH Arts Council, Historic Committee, Emergency Preparedness, city partners and other councils, commissions and boards were all honored by Mayor Mike Peterson and city council members.

Thanks to all who donate of their time and talents to improve and maintain our quality of life in Cottonwood Heights. ■



Roadway Citizens Committee Process Begins

A new roadway committee recently gathered at City Hall to focus on developing a plan for how to invest in maintaining city roads.

Cottonwood Heights is in the process of conducting a pavement management study to determine how to best plan for pavement preservation and reconstruction throughout the city. In an effort to ensure the plan is based on community values and built with resident involvement, the city formed the Roadway Citizen Committee (RCC).

The main purpose of the RCC is to work together to identify community values and roadway prioritization criteria, and explore funding options to meet these needs based off their own experience and what they hear

from their community neighbors and peers. The RCC will work side-by-side with the City staff and technical team to develop criteria and recommendations to the City Council.

The RCC was formed to be representative of the Cottonwood Heights community. If you would like to provide input or feedback to your community representatives or learn more about

this project please call 801-503-8458 to get in direct touch with your neighbors on the committee.

The committee consists of former Mayor Kelynn Cullimore, UDOT Program Engineer and CH resident Chris Potter, CH resident Mike Vallez, property owner Mike Roderick, local business owner Dan Mills and former Cottonwood Heights planning commissioner Tom Bowen. ■



Group Seeks Transportation Vision for Future

On Jan. 31, the city welcomed the Wasatch Front Regional Council (WFRC) and community stakeholders to City Hall, to gather insight for a regional transportation



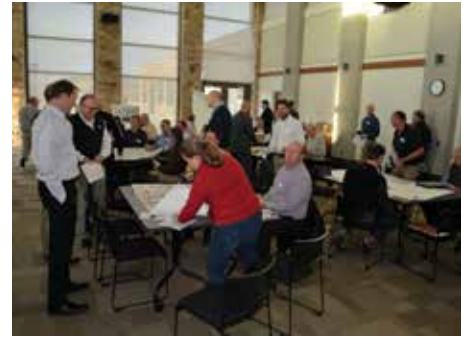
plan that would effectively help shape transit needs of the future.

WFRC, in close collaboration with the Utah Department of Transportation and the Utah Transit Authority, is seeking feedback regarding the “Wasatch Choice 2050” (WC2050), a vision for the future of the region.

During the meeting, groups from several local communities gathered around maps to collaborate and discuss present transportation issues, with a goal of planning for future growth.

Cottonwood Heights Mayor Mike Peterson and city staff participated in the workshop.

WFRC needs citizen input to refine and finalize the online Draft Vision, and invites all to evaluate and provide feedback on the proposed projects, land use, and economic



areas via an interactive map. Links to the survey and interactive map are available on the city website, www.ch.utah.gov.

Comments regarding the draft will be accepted during the public comment period, which continues through March 16. In an attempt to expand the conversation, please share this information with your friends, colleagues and neighbors. ■

Preparing an Earthquake-ready Community

On Feb. 9, Cottonwood Heights hosted a one-day workshop, bringing together community leaders focused on building resilient communities. The 75 attendees from communities around Utah heard speakers from the Earthquake Engineering Research Institute, Envision Utah, Salt Lake County, Utah Division of Emergency Management, Utah Geological Survey, and Reavely Engineers, as well as Cottonwood Heights Emergency Management, discuss strategies to

promote planning and messaging campaigns to reduce the impact of earthquakes and other disasters.

The workshop gave attendees a place to share ideas that are working to promote safer buildings and better planning to mitigate the impacts of floods, wildfires and earthquakes in our communities. For more information on how you can promote resiliency in your neighborhood, contact emergency manager Mike Halligan at mhalligan@ch.utah.gov ■



Wasatch Boulevard Master Plan Update

The Cottonwood Heights Community and Economic Development Department invites all interested parties to an open house



on Monday, March 19, from 5:30-7:30 p.m. at Cottonwood Heights City Hall (2277 E. Bengal Blvd.). The open house will feature the first draft of corridor ideas and overall project goals regarding Wasatch Boulevard.

Feedback from previous open house events was used to refine project goals and create future scenarios for land use and transportation along the corridor. A summary of public feedback from the open house is available on the city's website. ■

History Question of the Month

What Butlerville resident owned a brewery and hotel in Butlerville, and Mill “A” in Big Cottonwood Canyon?

Answer on page 6

It's Teen Tech Month at Whitmore Library

March is Teen Tech Month and Salt Lake County's Whitmore Library is celebrating with 3D printing classes and 3D pen art. Other programs include jewelry making, bath bombs, hip hop and special family classes. Check out some of the programs listed below. For more dates and times, go to <http://calendar.slcolibrary.org/> or call 801-943-4636.

TECH MONTH PROGRAMS:

3D Printing 101

Learn about the library's 3D printer and how it works

3D Pen Art

Learn how to design your own characters using a 3D Doodler

TEEN PROGRAMS:

Bath Bombs

Learn how to make a bath bomb

BBoys Urban Dance & Hip Hop

Learn how to hip hop and urban dance

SPECIAL PROGRAMS:

Storytime with Ducks

Come join our feathered friends for a duck-themed story time.

Super Bunny to The Rescue! Puppet Show

Come enjoy a story about a bunny who saves the day ■



Get Ready for Shakeout 2018

Shakeout 2018 will take place on Saturday, April 14, from 9 to 11 a.m. A big part of the drill will include citizen participation by using ribbons that indicate medical status of each home. We encourage residents to place these emergency triage ribbons on their door handle or railing by 9 a.m., giving our block captains two hours to record resident participation. After the event, we ask that you keep your ribbons for use in an actual disaster. If you do not have the ribbons, contact Mike Halligan at Mhalligan@ch.utah.gov for information.



This year we are taking a count of active participants only, if there is no ribbon at an address the residence won't be counted as participating.

Our goal is to see a 20 percent participation rate. We will need each resident to remind neighbors to place ribbons out. Please help us reach our goal.

In addition to the survey of homes and ribbons, Cottonwood Heights will again partner with the Red Cross to set up a shelter at the Cottonwood Heights Recreation Center. We are asking residents to stop by and 'volunteer' by checking into the shelter. The Red Cross is using the event to train new volunteers on shelter check-in procedures, and they have asked us to provide residents to "check in."

We will also have CERT Trailers from each location in the city that has put one together. If your church or organization has a trailer, please contact Mike Halligan. ■



Answer

Question, continued from page 5

Philander Butler was born in Randolph County, Indiana, March 18, 1841. He came to Utah with his father, brothers and sister in 1857. They settled in South Cottonwood. Philander, who was the oldest of the brothers, worked for Phil Margetts for several years before moving to an area at the mouth of Big Cottonwood Canyon in 1869. At this location in 1871, he was granted a license to sell liquor and

soon built a place for those working in the canyons to stop and rest and get something to eat and drink. Local newspapers referred to this place as the Butler Hotel. Philander also built a brewery on the property. Sometime around 1874, he purchased Mill "A" in Big Cottonwood Canyon, but only ran it for about one year, when on the morning of March 18, 1875, a gigantic avalanche came rushing down, stripping the slopes of trees and crushing the mill and surrounding buildings. Seven people were staying near the mill and

were rescued, but the mill was completely destroyed and never rebuilt. In 1881, he sold the property where his brewery was located to the Deseret News Company for \$800. He moved to Oregon where he was also in the lumber business. He returned to Salt Lake in 1900. In 1901, he sold 130 acres of land in Butlerville to William W. Sanders for \$5,000. The property was located near the mouth of Big Cottonwood Canyon. He lived in Salt Lake City until he died August 10, 1925. ■

Station 110 is Home to a New Aerial Apparatus

By UFA Assistant Chief Mike Watson



Unified Fire Authority's Mission Statement is, "To save lives, property, and strengthen community relationships with professionalism, courage and dedication." Our firefighters are dedicated to our mission, and as infrastructure, demographics and data change over time, our administration strives to help our firefighters fulfill that mission.

As such, we have made changes in our

service-delivery model in Cottonwood Heights. At station 110 on Fort Union, we have placed into service a brand-new tractor-drawn aerial apparatus. This is a specialized apparatus that is driven from the front AND the rear of the vehicle. Having a steering axle on both ends of the apparatus makes it much more maneuverable. In fact, it can turn sharper corners and maneuver on smaller roadways than an aerial apparatus that is much shorter. Having an aerial apparatus in our city will

provide a better service to the Old Mill business district buildings, as well.

Our crews at station 110 would enjoy the opportunity to show our Cottonwood Heights community this wonderful apparatus and to chat with you about the firefighter profession and what the job is like. I invite you to drop by to say hello to one of our crews, or you can contact me to arrange a station tour for your family, scouting or community groups.

Best regards and as always, stay safe! ■



Use Caution With Door-to-door Solicitors

By Ted Boyer and Stan Rosenzweig

Are any of you old enough to remember the good old days when the Fuller Brush man would come knocking to give you free samples of brushes, soaps, lotions and such? Salesmen at our door is the way we shopped. Recall the opening scene from the musical "Music Man," where a full train of salesmen sang about it?

Back then, there was no Walmart, no Smith's Marketplace, no Amazon Prime and no UPS next-day delivery. Nope. We bought many of our things from door-to-door canvassers.

Ah, it was a simpler time without concern if those doorbell ringers were calling to sell stuff, or to case our homes for a later burglary. Today, while we may be interested in sales pitches from canvassers selling roof repairs, lawn services and such, we need to be more prudent.

So, what should we do as good

"Neighborhood Watch" citizens, and how can we help Cottonwood Heights Police protect our neighborhoods?

First, check to see that the solicitors are following the rules of calling between 9 a.m. and 9 p.m. Then check that they have official Residential Solicitation Certificates. Official certificates are issued by the CH Police or the State of Utah and must be in the possession of each solicitor. A certificate is not required for invitees, delivery persons, persons distributing religious or political information, or charitable organizations.

But everyone else must show you their CH Police-issued certificates. If they don't, please help by calling 801-840-4000 to report the activity. ■



Those Who Can, Teach

Brighton High visual arts teacher Jordan Brun practices what he teaches. When he isn't in the classroom, he's hard at work in the studio painting. His latest works, a multimedia series titled, "GARISH," were spotlighted recently by KSL-TV. Brun uses layers of UV-activated paint, which, when placed under "blacklight," reveal different images. He says his students, and their fearlessness, are a steady source of inspiration. "I truly believe that the visual arts

are one of the more valuable endeavors one can dedicate their life to," he told KSL. To showcase the work of his fellow arts educators, Brun is organizing a January 2019 exhibit titled, "Those Who Can't" at the Urban Arts Gallery in Salt Lake. ■



Jordan Brun

BHS Wrestler Takes State

For two consecutive years, Brayden Stevens has dominated the 152-pound weight class at the state wrestling championships. The Brighton High senior was among two Canyons District wrestlers this year to take the winner's podium. He is pictured here with Canyons District Board of Education leaders Nancy Tingey and Amber Shill during a meeting in which he was recognized for his accomplishments. ■



COTTONWOOD HEIGHTS RECREATION CENTER

CHRC News & Events

Now Hiring for Summer!

CHRC is now hiring for the following summer positions:

- Lifeguards
- Swim Instructors
- Parks
- Tennis Instructors
- Recreation Leader (SuperSport)
- Childcare
- Visual Maintenance

Did You Know?

We are now offering all yearly memberships with easy-pay! Instead of paying in one lump sum, you can easily divide those payments into 12 easier to manage monthly installments.

What's happening in Aquatics

Pre-Comp Swimming

Session 3: 3/5-3/29

Tryouts: Friday, March 2 at 4pm

Session 4: 4/9-4/26

Tryouts: Friday, March 30 at 4pm

Swimming Lessons

Winter swim lesson registration is open!

Register now at www.activityreg.com or visit our website for more details.

Boy Scouts

Swimming Merit Badge: 3/10 10am-1pm

Lifesaving Merit Badge: 3/3 10am-1pm

C.P.R.: 3/7 5:30pm-7pm

Aquacise Classes

Stay fit (and warm) with our indoor aquacise classes! Cottonwoodheights.com

What's happening in Programs

Flag Football

Spring is just around the corner and our Spring Flag Football registration is already open! Our league is open to all those U8-U14 with games played twice a week (one weeknight game & one Saturday game) starting on April 11. Registration is open until March 10.

Silver Sneakers

Did you know that if you're over the age of 65 you may be eligible for a FREE membership?

We are excited to offer this program to our list of amenities for active seniors. To see if you qualify, stop by the CHRC Front Desk or visit silversneakers.com. We also offer the Silver & Fit fitness program.

City Council Members

MAYOR - Michael J. Peterson
DIST# 1 - Michael L. Shelton
DIST# 2 - J. Scott Bracken
DIST# 3 - Tali C. Bruce
DIST# 4 - Christine Watson Mikell
CITY MANAGER - John Park

City Office

2277 E. Bengal Blvd
 Cottonwood Heights, UT 84121
 Phone 801-944-7000
 Fax..... 801-944-7005

Numbers to Know

Emergency..... 911
 Dispatch 840-4000
 Fire Authority 743-7100
 Animal Control 840-4000
 Justice Court..... 273-9731

Call Direct

City Manager 944-7010
 City Planning 944-7065
 Public Works 944-7000
 Recorder 944-7021
 Finance Director..... 944-7012
 Code Enforcement..... 944-7095
 Police Administration..... 944-7100

City Council Meetings

March 6 - Work Session 5 p.m.
March 13 - Work Session 5 p.m.,
 Business Meeting 7 p.m.
(Work session reconvenes after business meeting.)
March 20 - Work Session 5 p.m.
March 27 - Work Session 5 p.m.,
 Business Meeting 7 p.m.
(Work session reconvenes after business meeting.)
Agendas are posted 24 hours in advance of public meetings. For details about the agendas, go to: www.ch.utah.gov

Planning Commission

The Planning commission holds meetings at 6 p.m. on the first Wednesday of each month. This month's meeting will be held on March 7.

Editors

Dan Metcalf, Kim Horiuchi

Graphic Designers

Emily Adams, EMDGraphics.com
 Megan Pace

These Cats Can Swim! BHS Reclaims State Swimming Title

The 5A championship swim meet — which ended with the Brighton boys atop the podium — was "a dogfight" between the top-ranked teams, according to 5A Coach of the Year Todd Etherington, who also was recently honored by the City Council (see Page 11). Brighton is home to one of the most successful teams in Utah prep history, having earned 24 girls and 22 boys state swim championships over the past 46 years. Individual championship winners include:

- 200-yard medley relay: Taula Fitisemanu, Jack Binder, Chase Miyagishima, and Quentin Tyler
- 200-yard individual medley: Rachel Butler
- 100-yard butterfly: Jack Binder
- 200-yard freestyle relay: Eric Wagner, Quentin Tyler, Chase Miyagishima, and Jack Binder ■



All-State Athletes Excel in the Classroom, Court and Pool

Five Brighton Bengals have been presented Academic All-State Awards this winter for excelling in sports while maintaining high grade-point averages. The awards are announced each sports season by the Utah High School Activities Association with this latest round going to students involved in basketball, drill team, swimming and wrestling.

The following awardees boast a combined grade point average of 3.999:

5A Girls Basketball

Sidney Kaufmann, Brighton
 Macy Raddon, Brighton

5A Boys Basketball

Adam Christensen, Brighton

5A Girls Swimming

Olivia Huntzinger, Brighton
 Michaela Page, Brighton



Easter Ice PARTY

MARCH 30, 2017 **FREE! AGES 12-18**

ICE SKATING 7-8:30PM **REFRESHMENTS SERVED**

CANDY GRAB @ 8:30PM **MONEY & CANDY GRAB**

CH REC CENTER ICE RINK
7500 S. 2300 E.

City Council Honors CH Girl Scouts

On Jan. 24, the City Council honored by proclamation two Cottonwood Heights teens for their achievements in the Girl Scouts program.

Kaatje Fisk and Madisen Streich were recently given the Gold Award by the Utah Girl Scouts, two of only five girls in the entire state to receive such an honor.

Fisk was honored by the Girl Scouts for her study on tracking the spread of invasive species in Utah's waterways, while Streich was recognized for her work to bring support and awareness to teens who suffer from Lupus. ■



Cottonwood Heights Resident Brian Shiozawa Receives National Award

Dr. Brian Shiozawa, M.D., who has represented the Cottonwood Heights area as its state senator, has received the American Medical Association's Dr. Nathan Davis



Award for Outstanding Government Service for a member of a state legislature.

Shiozawa was nominated for the award by former Cottonwood Heights Mayor Kelvyn

Cullimore, and current Mayor Mike Peterson attended the banquet where Shiozawa was honored on Feb. 13 in Washington, D.C.

In nominating Shiozawa, Cullimore described how the long-time resident of Cottonwood Heights City "has represented the values of our community on all levels through his work in the public and private sector."

Shiozawa, a Republican elected in 2012 to the Utah State Legislature, represented Senate District 8, including Cottonwood Heights City. In December 2017, he was appointed as regional director of intergovernmental and external affairs for the U.S. Department of Health and Human Services in Denver.

Due to the appointment, Shiozawa resigned from his Senate seat. He also retired as an emergency room doctor at St. Mark's Hospital, where he worked for more than 20 years. Brian Zehnder, also a medical doctor, was selected by Republican delegates to replace Shiozawa in the state Legislature.

"At a time when health care reform is surrounded by controversy, Dr. Shiozawa takes a pragmatic, congenial

approach," Cullimore wrote in his nomination. A supporting letter from Dr. Suzanne Harrison, M.D., chair of the Department of Anesthesiology at Riverton Hospital and a Democratic candidate for Utah House District 32, supplemented the nominating submission. "We need more Senator Shiozawas in this world," Harrison wrote.



Dr. Brian Shiozawa and his wife, Joye, are joined by Cottonwood Heights Mayor Mike Peterson and his wife, Charlene.

Shiozawa was one of six honorees this year. The award, named for the founding father of the American Medical Association, has been bestowed for the past 29 years and recognizes officials who have supported medicine or public health. The only other Utahns to receive the award were Sen. Orrin Hatch in 1990 and Gov. Mike Leavitt in 1994. ■

Photo Show!

Come see the photography show that will be held the entire month of March at City Hall. This is a great opportunity to see the beauty and talent within the community.

In conjunction with the competition, there will be an open house to meet the artists on March 9 from 3 to 9 p.m., followed by an awards ceremony at 7 p.m. ■



BHS Swim Coach Honored by Council

During a meeting at City Hall on Feb. 13, Brighton High School Swim Coach Todd Etherington was given a proclamation in his honor by the Cottonwood Heights City Council.

The proclamation was given due to Coach Etherington's recent honor as 5A Coach of the Year by The Utah High School Activities Association.

Etherington recently coached the Brighton High Boys Swim Team to another state championship. Under Etherington, there have been seven boys and four girls

state team championships.

Congratulations to Coach Etherington for his leadership and mentoring of students in Cottonwood Heights. ■



Business Spotlights



Aaron Taylor Painting | 385-405-1581

Local painter and handyman Aaron Taylor offers more than 28 years of experience in exterior and interior painting, repainting kitchen and bathroom cabinets, power-washing, staining and painting fences and decks, cleaning gutters and washing windows. He also offers services in small tile and hardwood floor projects. Contact Aaron Taylor

Painting to arrange a free estimate at 385-405-1581. Referrals from Cottonwood Heights, Murray and Draper are available. Both interior and outdoor projects are being booked now. If you have other general handyman needs, contact Aaron today to inquire. ■

Que Sera Sera Skin Spa, Lashing Out, Under Pressure Massage & Versay Studio | 6936 S. Promenade Dr. #302

Four talented women have combined their skills to open a new skin spa, providing the best in skin care, massage, lash extensions, esthetics and more. Specials this month include classic lashes and hand-made Russian volumes at

50 percent off by Angela (801-824-9685) and permanent make-up, classic and full-volume lashes at 50 percent off by Christa (801-638-5028). ■



Community Health Series— Myth-busting Low Back Pain

Thursday, March 15 | 6:00-7:00 p.m.

Cottonwood Heights City Hall (2277 Bengal Blvd.)

Do you suffer from low back pain? Does it interfere with your life? Do you sit all day? If this sounds like you, don't miss this free workshop to learn how to get out of pain and stay out of pain. It's taught by Ryan Carver, owner and trainer at Leverage

Fitness Solutions, and Dan Mills, owner and physical therapist at Performance Rehab Clinics. Register at communityhealthback.eventbrite.com. ■



Death by Chocolate a Success

Turnout was great at the Cottonwood Heights Business Association's second annual Death by Chocolate. Thanks to the community and participating vendors Alpha Coffee, Angel Café, Caputo's, Carmine's, Fernwoods Candy, Hyatt Place, Redstone

Olive Oil, See's, Trader Joe's, Waffle Love, Whole Foods and Zaferan Café for making this event a success! ■



Business Boot Camp—

Understanding Your Brain: 12 Things You Should Know About Your Brain

Thursday, March 29 | 5:30-6:30 p.m.

Cottonwood Heights City Hall (2277 Bengal Blvd.)

Trigena Halley is the founder and owner of Peak Performance, offering professional coaching, consulting and training. With more than 20 years

of experience, Trigena will help participants understand how our brains work. Register at understandyourbrain.eventbrite.com. ■



Green Waste Program

The weekly Green Waste Collection Program will resume beginning Wednesday, March 21, for Cottonwood Heights residents. The city currently has 729 subscribers. This is a subscription program that helps divert green waste from the landfill to be processed into mulch, which can be purchased for use from the Salt Lake Valley and Trans-Jordan Landfills. At \$114 per year, a green waste can is less expensive than an additional black refuse can. For more information on this program, please visit the WFWRD website at: <http://wasatchfrontwaste.org/green-waste>. ■



Landscape Maintenance

Now is the perfect time of year to trim your trees. Salt Lake County Ordinance 14.12.050 and other municipal ordinances, require that trees and landscaping that overhangs the street pavement need to be trimmed to a minimum height of 13½ feet above the street pavement. Following these guidelines will help waste trucks navigate through your neighborhood and empty your cans without potential damage to your trees and collection trucks. ■



Bagging Recyclables

Wasatch Front Waste & Recycling District is still seeing many situations where residents are placing their recyclable materials in plastic bags. The recycling processing facilities will not accept plastic-bagged materials, and they forward them to the landfill, unopened. Please do not place anything in your blue recycle can that is wrapped in plastic bags. Contact WFWRD Sustainability Coordinator Jeffrey Summerhays (385-468-6337 or jsummerhays@wasatchfrontwaste.org) if you have specific recycling questions. ■