



# Cottonwood Heights NEWS JOURNAL



## Preserving the Past – The Importance of our Local History

### City Council Article

Mike Peterson – District 3

In order to provide future generations with evidence and understanding of their cultural foundations, it is important that each generation does its part to preserve and protect its local history. We must recognize that our heritage is one of our most treasured assets, and the Cottonwood Heights Historic Committee is doing just that here in our city.

The Cottonwood Heights Historic Committee is made up of 11 members and meets monthly on the second Wednesday of each month at 6:15 p.m. These dedicated members are committed to preserving the rich history of our great city. Members serve staggered three-year terms and all have interest, competence, or knowledge in history or historical preservation. The committee chair is currently M. Tom Shimizu. Members include Jerri Harwell, Gayle Conger, John Glauser, Don Antczak, Sylvia Orton, Pat Menlove, Beverly Lund,

Dean Smart, Max Evans, and Jerry Christensen. As the city Council's liaison to this committee, I've been impressed with their experience, dedication and efforts.

One of the many projects scheduled to be completed in 2013 is the development of 15 historic markers which will be positioned along the Big Cottonwood Canyon Trail near the Big Cottonwood Creek. These markers are to be made of anodized aluminum, set in concrete or on a steel base, and will include narratives describing portions of our city's history.

One such marker will briefly tell the story of the Butler Brewery and Hotel. When in 1869 Philander Butler settled on eight acres of land above the current location of the "Old Mill," his place became an overnight stopping place for the workers hauling lumber, ore and stone out of Big Cottonwood Canyon. It was also a place where they could eat, drink or just take a

break. Newspaper articles referred to this place as the Butler Hotel.

In 1871, the hotel was granted a license to sell liquor. Capitalizing on this business, Philander Butler built a brewery on this same location. He diverted water from Big Cottonwood Creek to form a pond as a water source to brew beer. In 1881, he sold the brewery to The Deseret News Company for \$800. William McGhie Jr. managed the Butler Brewery and Hotel for a couple of years during which time it came to be known as "McGhie's Tavern." This is just one example of the many historic markers proposed to be placed along the trail.

The historic committee's other projects and accomplishments include the drafting of historic narratives regarding individual communities within the present day boundaries of Cottonwood Heights. These smaller communities include Union, Butlerville, Danish Town,

*Continued pg 4*

### CITY INFORMATION: City Council Members

**MAYOR**  
Kelvyn H. Cullimore, Jr.  
[kcullimore@ch.utah.gov](mailto:kcullimore@ch.utah.gov)

**DIST# 1** - Michael Shelton  
[mshelton@ch.utah.gov](mailto:mshelton@ch.utah.gov)

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**CITY MANAGER** –  
John Park  
[jpark@ch.utah.gov](mailto:jpark@ch.utah.gov)

### CITY OFFICES:

1265 E. Fort Union Blvd. #250,  
Cottonwood Heights, UT 84047

**phone (801) 944-7000**  
**fax (801) 944-7005**

### CALL DIRECT:

City Manager.....944-7010  
City Planning.....944-7065  
Public Works .....944-7090  
Recorder.....944-7021  
Treasurer.....944-7077  
Finance Director.....944-7012  
Code Enforcement.....944-7095  
Customer Service.....944-7000  
Media Relations .....944-7015  
Police Administration.....944-7100

To hear the agenda for the next city council meeting call: 944-7003

For the planning commission agenda call 944-7004

**For details about the agendas, check our web site:**  
[www.ch.utah.gov](http://www.ch.utah.gov)

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### NUMBERS TO KNOW:

Emergency.....911  
Dispatch.....840-4000  
Fire Authority.....743-7100  
Animal Control.....840-4000  
Justice Court.....273-9731



## City Boards In Need Of Volunteers

Cottonwood Heights relies on its citizens to help with land use, history and arts commissions in the city. Right now, we have openings on two of our boards: the planning commission and the arts council.

The Cottonwood Heights Planning Commission is a land use board and is charged with the consideration of geographic, professional, neighborhood and community interests in the development of a well-planned city. Meetings are held on the first Wednesday of each month.

The Cottonwood Heights Arts Council sponsors various events throughout the year including Write for the Heights, art contests

and displays, and a yearly community play. The arts council meets on the second Wednesday of each month.

If you are interested in applying to serve on either of these boards, please fill out the application located on our website, [ch.utah.gov](http://ch.utah.gov). Submit your application along with a letter of interest to [ldunlavy@ch.utah.gov](mailto:ldunlavy@ch.utah.gov) no later than 5 p.m. on March 25. Resume is optional.

**PLANNING**  
Commission





March 2013



## PUBLIC SAFETY CORNER



### INFLUENZA UPDATE

It should be no surprise to anyone that this year's flu season is well underway with high numbers of people across the country affected with Influenza-like Illness (ILI). This flu season's ILI level is over two times more than previous years according to the Utah Health Department as of January 12, 2013.

Although data is currently showing a downward trend, historically February is when flu activity peaks across the country; however, substantial flu activity can occur into May.

So how can you help stop flu from spreading or contracting it?

1. **Get vaccinated.** The Center of Disease Control has stated that those having the flu vaccine have reduced the need to visit a physician by 60%. During the first week of January 2013, 91% of the influenza viruses are like viruses that have been included in the 2012-2013 vaccine.
2. **Stay home** if you get sick with ILI for at least 24 hours after your fever is gone. Your fever should be controlled without use of fever-reducing medicine.

3. **Cover your nose and mouth** when you cough and sneeze. Practice proper etiquette to prevent the spread of germs or viruses.
4. **Wash your hands.** Frequently wash your hands or use alcohol based hand sanitizer to minimize transmission possibilities.
5. **Minimize touching your face.** Anytime you touch your eyes, nose, or mouth you increase your chances of acquiring illness.
6. **Clean and disinfect** frequently touched surfaces at home, work or school, especially when someone is ill.

While it has been reported that areas of the country are running out of the vaccine, your health care provider should have the vaccine and it is NOT too late to receive it. It takes about two weeks after you receive the vaccine until antibodies develop and provide the best protection. You can still get sick if you were exposed prior to the vaccine and until the antibodies form.

The flu vaccine is comprised of inactivated viruses, so you can't get sick



Asst. Chief Mike Watson

from the vaccine. While the vaccine is not always effective, it provides the greatest protection to prevent you from contracting the flu. At the very least, vaccination has shown to minimize symptoms if you are unlucky enough to come down with the flu.

If you have questions, you may refer to [www.flu.gov](http://www.flu.gov) for more information.

#### For More Information



[www.flu.gov](http://www.flu.gov)



**JUST CHILLIN'** -- Students at Butler Elementary School hang out in an igloo made of milk jugs in the school library. The kids collected and donated approximately 450 gallon jugs, and parents volunteered their time to help librarians clean the jugs and build the igloo with special hot glue. The purpose of the igloo is twofold. It was originally intended to enhance a lesson on the Inuit culture. However, students also learned to apply math concepts such as estimation and how to calculate circumference. The igloo will function as a silent reading "room" until May.

### Rep. Chaffetz Opens Cottonwood Heights Office

With the recent redistricting of congressional districts in Utah, Cottonwood Heights became part of the Third Congressional District which is served by Rep. Jason Chaffetz. The change prompted Rep. Chaffetz to move his Salt Lake County office from West Jordan to Cottonwood Heights.

The new office is located at 6975 S. Union Park Avenue, Suite 450. However, because most of the district lies in Utah County, only two office members will staff the Cottonwood Heights office.

"Prior to redistricting, 47 percent of the district was in Salt Lake County," said Communications Director Jennifer Scott. "After redistricting, only 24 percent of the district is in Salt Lake County. We just need more people in our Provo office."

There will be times when meetings take staff members away from the office, but Scott said they are always willing to visit with constituents and meet with community members. Because the work space is still being established, the best way to communicate with office members is by mail for the time being.

Scott said community members are also welcome to schedule a meeting directly with Rep. Chaffetz by calling his Washington, D.C. office at (202) 225-7751.





[www.cottonwoodheights.utah.gov](http://www.cottonwoodheights.utah.gov)

# Cottonwood Heights Food Drive

Cottonwood Heights has teamed up with Whitmore Library and Cottonwood Heights Parks and Recreation for a community food drive.

## March 25 – March 30, 2013

Drop off non-perishable food at the following locations:

**City Hall**  
1265 E. Fort Union Blvd.

**Whitmore Library**  
2197 E. Fort Union Blvd.

**Cottonwood Heights Parks & Recreation** – 7500 S. 2700 E

Donations also accepted at the **Easter Egg Hunt at Butler Park** – March 30, 10 a.m.

**F.O.O.D**  
spells help  
for a lot of  
people!

Online Donations to  
Utah Food Bank  
[ch.utah.gov](http://ch.utah.gov)



## Brighton Cal Ripken Baseball

by Troy van der Veur

As the sun peaks through ominous clouds, two thoughts spring to the forefront of my mind: the long winter is drawing to a much-anticipated end, and equally as exciting, baseball season is upon us. As a young boy I, like so many other kids, longed for the sweet sounds and the not-so-sweet smells of baseball. Even now I can hear the crack of the bat and the pop of the glove echo through our valley. The cheers of parents and coaches as a player catches their first pop fly fill my ears. I hear laughing, clapping and yells of excitement as a player hits the always exciting Home Run. The smell of hot dogs, hamburgers and fresh cut grass permeate my mind. How can you not be romantic about baseball?

Brighton Cal Ripken Baseball is back. The 2012 season was a tremendous success. We had great participation and look forward with much anticipation to the 2013 season. Brighton Cal Ripken is a league that encourages hard work, good sportsmanship and fun. It's a chance for your boy or girl to play America's pastime with friends of all talent levels.

For those parents and players looking to take the game to the proverbial next level, Brighton Cal Ripken also offers accelerated play. These are teams that will play "super league" double header

Saturday games in addition to the weekly community league play. Our league was represented very well last year as three of our All Star teams made it to the state tournament.

The bottom line is Brighton Cal Ripken is the right fit for your athlete, regardless of their experience level. You will find all the registration information you need at [www.brightoncalripken.com](http://www.brightoncalripken.com). While you are visiting our web site you can register your player, see important event dates and even pick up some simple coaching drills. At [www.brightoncalripken.com](http://www.brightoncalripken.com) you can also donate your time, your talents, your gently used equipment and your money if you feel so inclined.

Brighton Cal Ripken is fortunate to be affiliated with Cottonwood Heights Recreation Center. Mike Peterson and his team have been a great support and continue to provide service in many avenues. We also thank the Dean England family for continued support and their dedication to our cause. We are honored to call Bywater Park and Riley England Field our home. Thank you to all of our sponsors for their contributions. See you at the ball park this year!



## CITY COUNCIL MEETING SCHEDULE

All City Council business meetings are held in the council chambers, 1265 East Fort Union Blvd., Ste. 300. The work meetings are held in the conference room at the same address but in Ste. 250. The March meeting schedule is as follows:

- **Tuesday, March 5th**  
6 p.m. Work Meeting
- **Tuesday, March 12th**  
6 p.m. Work Meeting  
(reconvenes following business meeting)  
7 p.m. Business Meeting
- **Tuesday, March 19th**  
6 p.m. Work Meeting
- **Tuesday, March 26th**  
6 p.m. Work Meeting  
(reconvenes following business meeting)  
7 p.m. Business Meeting

## HISTORICAL QUESTION

During the mid to late 1920s, Butler Hill underwent some changes. What were they and what impact did they have for those in the area?

## ARE YOU FOLLOWING US?

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[www.facebook.com/chcity](http://www.facebook.com/chcity)



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# Preserving the Past – The Importance of our Local History

Continued pg 1

City Council Article

Holladay/Cottonwood, Civilian Conservation Corp (CCC) Camp, Creek Road, and more. The committee is also conducting personal interviews with longtime local residents to gather historic information.

The committee provides historic questions and answers for this very newsletter, The Cottonwood Heights News Journal, as well as hosting an historic presentation booth at the annual Butlerville Days celebration with photos and memorabilia for citizens to explore. The committee is also in the process of developing signage to identify historical sites which are important to our community. Some of these sites include Butler Hill (approximately 2700 East and Fort Union Boulevard), Danish Town (Danish Road Area), Colebrook Corner (7000 South and Highland Drive), and Butler Bench Road (7000 South from the top of Butler Hill to the mouth of the Big Cottonwood Canyon).

One of the committee’s more recent accomplishments is the application and subsequent recognition of the Cottonwood

Heights Historic Committee as a Certified Local Government by the United States Department of the Interior and the State Historic Preservation Office. This recognition validates the professional manner in which the committee completes and documents its research and now qualifies the committee to apply for federal and state grants.

If you, as a resident of Cottonwood Heights, have knowledge or information regarding a piece of our city’s history, please contact the city office by calling 801-944-7000. If you leave your name and phone number, we will be happy to contact you to discuss ways in which we can gather this valuable information. It could be an old personal journal, newspaper article, photo, or other historic or personal document which describes an event or individual from the early years of our city.

The Cottonwood Heights community has a special heritage. I applaud our historic committee for its research and devotion in discovering the things that make our city so unique, and for preserving our past for generations to come.



Cottonwood Heights’ biggest party of the year is searching for sponsors and volunteers! We have awesome volunteer positions that need to be filled and sponsorship levels for any size of business. If you are interested in helping out, please contact Butlerville Days Chairman Mike Hanson at [butlervilledays@ch.utah.gov](mailto:butlervilledays@ch.utah.gov).



## NEIGHBORHOOD WATCH IS SIMPLE

“We See, We Hear,  
We Call”



### Neighborhood Watch is simple: WE HEAR, WE SEE, WE CALL *by Detective Michael Galieti*

Most people want to live in a community where they feel safe from criminal intrusion, are conveniently in touch with their neighbors, and are unencumbered by extra commitments. For many, Neighborhood Watch is a formula for all three. Neighborhood Watch communities can be safer. Neighborhood Watch helps weave the fabric of community by keeping neighbors connected. Neighborhood Watch is easy and requires very little in the way of extra time or commitments.

Neighborhood Watch in its best form is simple: We hear, we see, we call.

**We hear:** Sometimes our suspicion may be aroused by something we hear. Perhaps it is a car or a truck idling in the street at an unusual hour. It may be a barking dog which senses an unfamiliar intruder. A crash, bang, or boom may be a signal that something is not right in the neighborhood.

**We see:** We may see a person we don’t know walking at an unusual hour where we rarely see walkers or runners; walkers at 2 a.m. are very unusual in Cottonwood Heights. If you see something out of place, take action. If your neighbor’s garage door is left open--

that’s not good at any hour—knock on their door or give them a call to let them know. A parked car which is out of place on your cul-de-sac may warrant attention. Note the license plate if you can do so safely.

**We call:** This is where the Neighborhood Watch “rubber meets the road,” quite literally. If there is an emergency, please call 911. If you see or hear anything suspicious but there is no immediate known threat, call police dispatch at 801-840-4000. As a Neighborhood Watch participant, stay put in the safety and comfort of your home while Cottonwood Heights Police Officers respond quietly and quickly to assist in addressing the concern in your neighborhood. Response time in Cottonwood Heights is typically 5 to 8 minutes.

The essential element in Neighborhood Watch is you, and all you need do is call. Crimes are solved and criminals are apprehended by the Cottonwood Heights Police Department when you let us know about suspicious activity in your neighborhood.

BE SAFE.





# Community Culture

## You Are Invited To Free Writing Workshops!

Over the next two months, the Cottonwood Heights Arts Council will sponsor free writing workshops at Whitmore Library to help you tune up your writing skills for our Write for the Heights contest in May. The contest categories are: Adult Fiction, Youth Fiction, Adult Poetry, Youth Poetry, Adult Journalism, and Youth Journalism.

**March 16, 2013 – 10:30 a.m. to 12:00 p.m.**

Come listen to an outstanding panel of published authors and writing professionals discuss their careers and answer your questions.

**March 23, 2013 – 10:30 a.m. to 11:50 a.m.**

Getting started and organizing your writing project.

For more information about Write for the Heights, contact Brian Allen at [brian@evvivaent.com](mailto:brian@evvivaent.com)!

## Participate in “The Music Man!”

The producers of The Music Man are looking for a rehearsal pianist and a lighting designer to help with the play. Both positions are eligible for a small stipend. Applications and instructions are available at [ch.utah.gov/human\\_resources/employment.html](http://ch.utah.gov/human_resources/employment.html).

Stay tuned to April’s News Journal for information about volunteer opportunities and auditions.

## “A Spring Day in Cottonwood Heights” Photography Contest & Exhibit

The Cottonwood Heights Arts Council is again hosting a photography class and contest with the theme of “A Spring Day in Cottonwood Heights.” The free photography class will be held at the Whitmore Library Auditorium on Saturday, April 6 from 10:30 a.m. to 12:30 p.m. The presenter will be photographer Jacob Bruner.

Directly after this class applicants may go out as a group or solo from April 6 until April 20, 2013 to take photos around Cottonwood Heights. On Saturday, April 20 from 10 a.m. to 1 p.m., framed photographs may be submitted for the contest at the Whitmore Library Auditorium. There will be a cash award for best photos. An open house will be held Thursday, May 30 from 6:30 to 8:30 p.m. at Whitmore Library Auditorium.

Participants need not reside in Cottonwood Heights, but all photos submitted must be taken in Cottonwood Heights and must be taken between April 6, 2013 and April 20, 2013. Youth are encouraged to participate and submit photos. Selected photos will be hung in Whitmore Library from May 1 until the end of the open house on May 30. For more information, please contact Karen McCoy at [mcfro45@msn.com](mailto:mcfro45@msn.com).

“Like” Cottonwood Heights Arts Council on Facebook to get all the updates! [www.facebook.com/CHArtsCouncil](http://www.facebook.com/CHArtsCouncil)

## School principals participate in My Heart Challenge

Two Cottonwood Heights school principals have quite a task ahead of them for the next few months. Butler Elementary’s Christine Waddell and Canyon View Elementary’s Brent Shaw have signed on to participate in Intermountain Heart Institute’s My Heart Challenge 2013.

As part of the challenge, they will attend weekly nutrition classes and work with personal exercise consultants to improve their own health and dietary habits. But here’s the catch: they are also charged with planning and implementing healthy activities for their students to earn points in the challenge.

Waddell said she has a fairly active lifestyle and enjoys biking and

hiking, but that she struggles with high blood pressure and low levels of good cholesterol. She’s looking forward to improving her health but also wants to be a good example to her family and her students.

“Getting the kids involved is really important to me,” said Waddell. “My kids like the fact that their kids see grandma being active. There’s not going to be a time when I say, ‘I’m too old for that.’”

A total of fifteen principals from around Salt Lake Valley are participating in this year’s challenge, which runs through May 17. At the end of the challenge, two \$1,000 prizes will be awarded: one to the overall winner based on points, and one to the person whose health is most improved.

To follow the progress of Shaw, Waddell and the other principals, visit [www.myheartchallenge.com](http://www.myheartchallenge.com). You’ll also find fitness tips and heart-healthy recipes to use at home.



Photo by: [www.intermountainhealthcare.org](http://www.intermountainhealthcare.org)



March 2013



## COTTONWOOD HEIGHTS

### FREE Easter Egg Hunt Events!

Donations to the Utah Food Bank appreciated. (Canned goods, peanut butter, tuna, macaroni and cheese, soup)  
**BRING YOUR OWN BASKET!**

### KIDS EASTER EGG HUNT!\*

Easter Bunny! Face painting! Balloon animals!

**SATURDAY, MARCH 30, 2013 10:00 a.m.**

**Butler Park** (2700 E. 7500 S. behind Butler Middle School)  
Please arrive early. Limited parking available at Butler Middle School & Rec Center

*Come early to find your age group:*

**AGES 0-2**

**AGES 3-4**

**AGES 5-8**

**AGES 9-12**

### JUST FOR TEENS! Ages: 13-17

**FREE! Ice Skating, Pizza, Drinks, Easter Candy & Live DJ.**

**FRIDAY, MARCH 29, 2013**

**7:00 p.m. - 9:00 p.m.**

**Cottonwood Heights Rec Center Ice Rink**

\* IN THE EVENT OF INCLEMENT WEATHER, EGGS WILL BE DISTRIBUTED IN A DRIVE-THRU AT THE REC CENTER.

SPONSORED BY:



**COTTONWOOD HEIGHTS**  
PARKS & RECREATION



## Learn To Set Up An Emergency Shelter!

One way in which Cottonwood Heights is participating in 2013 ShakeOut is by simulating the opening of an emergency shelter at Cottonwood Heights Recreation Center on April 18. In order for the drill to be realistic, we are looking for residents to help with this exercise.

We need two groups of people to help with this event: those who are willing to take Red Cross shelter training to assist in setting up and operating the shelter, and those who play the role of displaced residents who come to the shelter for help.

Residents who are willing to participate in shelter training must take two short online training courses. The classes prepare volunteers to assist in setting up a shelter, greet and welcome shelter residents, receive and prepare materials and food for residents and manage the general operations of the shelter. This class is free of charge.

For more information or to sign up to participate in the shelter drill, contact Assistant Emergency Manager Dawn Black at 801-944-7098 or [dblack@ch.utah.gov](mailto:dblack@ch.utah.gov).



## You are invited to be a part of the 2013 ShakeOut!

The Great Utah ShakeOut is a statewide earthquake drill that allows everyone--individuals, families, businesses, schools, government agencies and more--to test their preparedness and skills. This year, ShakeOut events will begin on Wednesday, April 17.

So, how can you prepare for ShakeOut? First of all, register as a ShakeOut participant at [www.shakeout.org/utah](http://www.shakeout.org/utah). Then gather your family or coworkers and review how to "Drop, Cover and Hold On." Drop to the ground, take cover by



on "How to Participate." The ShakeOut website contains a wealth of preparedness tips for all types of organizations. Consider conducting a "hazard hunt" for dangerous areas in your business or home, putting together a disaster preparedness plan, or refreshing the supplies in your emergency kits.

Finally, make sure to read the April edition of the Cottonwood Heights News Journal for more detailed information about ShakeOut activities in our community!



Photo by: Heather Overly

getting under a sturdy desk or table, and hold on until the shaking stops. If you aren't near a table or desk, drop to the ground in an inside corner of the building and cover your head and neck with your hands and arms. Don't try to run to another room just to get under a table. If you are outside, move to an open area away from power lines, trees, signs and other hazards.

Next, go to [www.shakeout.org/utah](http://www.shakeout.org/utah) and click



Photo by: Robin Perley





[www.cottonwoodheights.utah.gov](http://www.cottonwoodheights.utah.gov)

## EMPLOYEES IN THE SPOTLIGHT



**Mike and Haley Johnson and their daughter Brooklyn**

Mike Johnson is the Planning Technician for the city of Cottonwood Heights. . He works in the front office and helps residents when they have questions about zoning requirements in the city (e.g. building setbacks, height, development standards, etc). Mike tracks and manages all of the building permits submitted to the city and schedules all of the inspections that are performed by the city's building inspectors. He also manages road-cut permits, short-term (vacation) rental applications, and various other planning-related functions for the city.

Mike was born and raised in Rochester, Minnesota, and moved to Provo for college in 2007. He graduated from BYU in 2011 with a degree in geography with an emphasis in urban and environmental planning. He originally started working for the city of Cottonwood Heights as an intern in July of 2011 and made the transition to full-time Planning Technician in February 2012.

Some of Mike's hobbies include playing and watching anything sports-related, watching movies and TV shows, and most recently spending time with his adorable five-month-old daughter.

## YCC Visits The Nation's Capital

By Morgan Valentine

*Editor's note: In September 2012, members of the Cottonwood Heights Youth City Council (YCC) attended the annual conference of the Utah League of Cities and Towns. While there, they won a youth civics bowl tournament, for which the grand prize was an expense-paid trip to Washington, D.C. in February to visit Senator Mike Lee. This is the story of their trip from the perspective of one of the YCC members.*

Three or four hundred words. How can I describe our trip to Washington, D.C. in such a limited space? In one word: unexpected. While on the stage of the civics bowl event, all of us were nervous but not one of us really expected to win. And we definitely didn't know what to expect when we did.

Another word: busy. We got to the airport around 7:30 a.m. on Tuesday, Feb.12 and we landed in D.C. at about 6 p.m. eastern time. Although we were excited, we were hot and tired and I don't know how good we smelled, either. Spencer Stokes and Kate Cannon, who both work for Senator Lee, picked us up from the airport and showed us around D.C. that night. We went to a pizza parlor called We the Pizza and then we



*Members of the Cottonwood Heights Youth City Council visited Senator Mike Lee in Washington D.C. in February. They were awarded the trip after winning the Youth Civics Bowl at the annual conference of the Utah League of Cities and Towns. Pictured left to right are Kevin Liu, Morgan Valentine, Haley Roberts, Monika Kowalski and Steven Deng.*

went practically next door to Welcome To The Party, an AMAZING dessert place. We visited several memorials that night, but my favorite (and possibly everyone's favorite) was the 9/11 memorial. If you haven't seen it, you should look up a picture of it, though a photo still wouldn't capture all of its beauty and mesmerizing effects.

On day two, the word for this day was (drumroll please): painful. Our first stop was a tour of the dome on the capitol. We climbed more than 300 stairs. The girls were in skirts, and it was really steep! But it was definitely worth the view of the painting inside the dome called Apotheosis of Washington, painted by Constantino Brumidi. The perfect angling of the room creates an effect on sounds that was truly amazing to me. Our guide went to the other side of the dome, whispered, and we heard it as though she was right in our ears. However, no one 180 feet below could hear us because of the strategic architecture.

The painting was definitely the best part of the

tour, though we also walked up right below the statue Armed Freedom, which sits on the top of the capitol dome. It was cold outside and a tough walk up and down those stairs, but there's not a second of it I would take back. The view was incredible. All of the great beauty that is D.C. could be seen from there.

At the white house, we spent time petting President Obama's dog, Bo. That night we saw Our Town at Ford's Theater. The way they put it on was spectacular! Their interpretation of Act Three was the best I have seen of Our Town! If you get the chance to go to Ford's Theater, do it. Worth every penny!

On Friday we went to Mount Vernon, George Washington's home. It was very pretty and the river he decided to put in the back yard (I hope you know I'm kidding) was gorgeous. I've always wanted to live in a Victorian house! The feeling in the air changed when we went to the tomb of George and Martha Washington. I would definitely go again.

Although I'm not able to fit all of the great places we went and things we did into 400 words (it ended up being 625), I would strongly encourage anyone to go and see all that our fine capital has to offer. Bucket list it!



Picture Taken at: Ford's Theater



Picture Taken at: Mount Vernon



# COTTONWOOD HEIGHTS RECREATION CENTER

www.cottonwoodheights.com

## GET A MEMBERSHIP!

TAKE ADVANTAGE OF OUR 3 MONTH OR ANNUAL MEMBERSHIPS TODAY! WITH OVER 100 VARIOUS FITNESS CLASSES A WEEK WE HAVE SOMETHING PERFECT FOR YOU AND YOUR FAMILY!

ADULTS CAN TAKE A FREE TOUR & GET A FREE VIP DAY PASS.

\*FOR NEWCOMERS ONLY, AGES 18+

## UPCOMING CLASSES!

### LEARN-TO-SKATE WINTER SESSION 2

ALL ABILITY LEVELS, AGES 3 & UP! CALL 801.943.3190 X 162 OR REGISTER ONLINE.

TUES. 6-6:45 PM MAR. 5, 12, 19 & APR. 2, 9, 16	WED. 6-6:45 PM MAR. 6, 13, 20 & APR. 3, 10, 17
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### SWIM LESSONS

LESSONS FOR ALL AGES! REGISTER ONLINE OR COME IN TODAY!

MORNING SESSION 6 MAR. 11-22: M, W, F 11:30 AM-12:30 PM	EVENING SESSION 4 MAR. 12-21: T, H 6:00-7:00 PM
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### TRIATHLON CAMPS

EACH CAMP INCLUDES UNLIMITED FITNESS CLASSES WITH ENTRY FEE! GET READY FOR OUR FIRST EVER CH SPRINT TRI, TO BE HELD JUNE 1. CALL 801.943.3190 OR REGISTER ONLINE.

SESSION 2 MAR. 4 - APR. 13	SESSION 3 APR. 22 - JUNE 1
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## JOBS & TRAINING!

### HIRING LIFEGUARDS, SWIM, & TENNIS INSTRUCTORS

HIRING FOR THE SUMMER. VISIT THE FRONT DESK FOR MORE INFORMATION!

### LIFEGUARD TRAINING/ WATER SAFETY INSTRUCTOR

TAKE A TRAINING COURSE TODAY TO BECOME A SWIMMING INSTRUCTOR OR LIFEGUARD. TO FIND OUT MORE ABOUT REQUIREMENTS AND PREREQUISITES CALL 801.943.3190 X 119 OR CHECK OUR WEBSITE. REGISTER ONLINE OR COME IN TODAY!

<h4>LIFEGUARD TRAINING CLASS</h4> <table><tr><td>PRE-SCREEN: FEB 25TH 7 PM</td><td>CLASSES: FEB 27, MAR 4, 6, 11, 13, 18 5:30-9:30 PM <small>*ALSO MAR 9, 9 AM-5 PM</small></td></tr></table>	PRE-SCREEN: FEB 25TH 7 PM	CLASSES: FEB 27, MAR 4, 6, 11, 13, 18 5:30-9:30 PM <small>*ALSO MAR 9, 9 AM-5 PM</small>	<h4>WATER SAFETY INSTRUCTOR</h4> <table><tr><td>PRE-SCREEN: MAR. 18TH 7 PM</td><td>CLASSES: MAR. 20, APR 1, 3, 8, 10, 15, 17 5:30-9:30 PM</td></tr></table>	PRE-SCREEN: MAR. 18TH 7 PM	CLASSES: MAR. 20, APR 1, 3, 8, 10, 15, 17 5:30-9:30 PM
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## UPCOMING EVENTS!

### LUCK O' THE HEIGHTS RACQUETBALL TOURNAMENT

REGISTER ONLINE ONLY THROUGH **THE REDWOOD RECREATION CENTER** @ [WWW.ACTIVITYREG.COM](http://WWW.ACTIVITYREG.COM)

TOURNAMENT DATES: MAR. 12-16	REGISTRATION DEADLINE: MAR. 7TH, 9 PM
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### CHFSC SPRING ICE SKATING SHOW

SIGN UP TO BE IN THE ANNUAL ICE SHOW, "CINDERELLA: A WESTERN!" PRACTICES START MARCH 2 AND SHOW DATES ARE MARCH 22 & 23. REGISTER AT THE FRONT DESK!

\*SHOW WILL BE OPEN TO THE PUBLIC TO WATCH. \$5 PER TICKET.

## SPRING BREAK! EXTRA PUBLIC SKATING & OPEN PLUNGE!

<b>OPEN PLUNGE:</b> MAR 25-29, 12-4 PM	<b>PUBLIC SKATING:</b> MAR 25 & 27, 2-4 PM
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\*IN ADDITION TO REGULAR TIMES

## IT'S GREAT TO SKATE!

COME IN AND ENJOY ONE OF OUR MANY PUBLIC SKATING SESSIONS!

<b>T, W, F, SA</b> 7:00-9:00 PM	<b>F, SA, SU</b> 2:00-4:00 PM
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## \*FACILITY CLOSED EASTER SUNDAY: MARCH 31ST


801.943.3190   7500 S. 2700 E. Cottonwood Heights, UT      Cottonwood Heights Recreation

## HISTORICAL ANSWERS

### Answer To March Historical Committee Question:

Butler Hill (the hill between 2300 East and 2700 East Fort Union Boulevard) was an extremely steep hill. In the winter, children would use it as a sleigh riding hill. Because of the steepness, they would get going so fast that they could ride almost to Colebrook Corner, otherwise known as the intersection of Highland Drive and Fort Union Boulevard. People who owned the old Model T Fords would have to turn around and back up the hill so the gasoline could flow to the carburetor.

During the mid to late 1920s, the top of the hill was cut down and the bottom was filled in to level out the steepness. This enabled people with cars to get up the hill without turning around and backing up the hill, thus making travel to Butlerville much easier. Although the hill wasn't as steep as it had been, the kids still found it to be a good sleigh riding hill in the winter.





## CERT Class Offered In Cottonwood Heights

Unified Fire Authority is offering a Community Emergency Response Team (CERT) training class in Cottonwood Heights beginning April 13. This particular course will be a two-day Saturday course and costs \$30. The syllabus includes training on fire suppression, hazardous materials and medical operations, among other topics. Visit [www.unifiedfire.org](http://www.unifiedfire.org) to register.