



Cottonwood Heights, UT | September 2026 | FREE

BETWEEN THE CANYONS

The official newsletter of Cottonwood Heights | ch.utah.gov

Care for ourselves, others, and the earth

Mayor Gay Lynn Bennion



*The statements
in this article are the
author's views and not
necessarily of the entire
city council.*

Fall. A fabulous time
of year, and a reminder
of the transitory nature
of life. As we care for

ourselves, others, and the earth, we all have a better
experience.

One way to care for ourselves is to be prepared for
emergencies. Our city received 1.2 inches of rain in
15 minutes on August 13th. Will you be prepared for
the next emergency? Join us for **CERT Refresher on
September 17th**. This is a great opportunity to refresh
your knowledge, connect with local CERT volunteers,

and learn how to help Cottonwood Heights be a more
prepared and resilient community.

Life brings each of us great joys and also
challenges. One of my favorite quotes: "Let us be
kind to one another, for most of us are fighting a
hard battle." Every three years, Intermountain Health
makes a community health survey available, and
behavioral health is continually one of the top three
concerns. Please call 988 if you or a loved one is in a
time of severe stress. You're never alone. Here's a link
to **[grief and bereavement support in Utah](https://tinyurl.com/3p5zuytw)** (<https://tinyurl.com/3p5zuytw>). I'm continually looking for
more ways we can build stronger connections with
one another. Please text or call me at 385-298-3407
with suggestions.

Who are the people in your neighborhood
making life better? As part of America 250, we're
asking you to nominate someone who makes a

CITY COUNCIL HIGHLIGHTS

SEPTEMBER 1

- ARTS COUNCIL REPORT
- LOCAL CAMPAIGN CONTRIBUTION LIMITS
- NON-COMPLIANT STOP SIGNS DISCUSSION

SEPTEMBER 15

- NOISE CAMERA LEGISLATION
- OLD MILL ENGINEERING REPORT

OCTOBER 6

- EVENTS DISCUSSION
- EMERGENCY MANAGEMENT REPORT
- PUBLIC WORKS REPORT
- UNIFIED FIRE AUTHORITY REPORT

FOR FULL AGENDAS, PLEASE VISIT CH.UTAH.GOV

*Care for ourselves, others, and the earth
Continued on page 3*

ECRWSS
Local Postal Customer

Presort Std
U.S. Postage
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WHAT'S INSIDE

EVENTS.....2

CITY NEWS.....3

PUBLIC SAFETY.....4

COMMUNITY.....5

HISTORY.....6

SUSTAINABILITY.....7

BUSINESS & COMMUNITY.....8

EVENTS CALENDAR

- SEPTEMBER 7 : CITY OFFICES WILL BE CLOSED ON MONDAY, SEPTEMBER 7TH IN OBSERVANCE OF LABOR DAY
- SEPTEMBER 10 : SALT LAKE EDUCATIONAL VIDEO "THE LAKE" AT CITY HALL AT 6 PM
- SEPTEMBER 17 : CERT REFRESHER AT CITY HALL AT 7 PM
- OCTOBER 23 : FREE ICE SKATING AT THE RECREATION CENTER FROM 7 PM TO 9 PM
- OCTOBER 26 : SPOOKTACULAR AT CITY HALL FROM 5 PM TO 7 PM
- NOVEMBER 12 : STAR SPANGLED FINALE AT BUTLER MIDDLE SCHOOL AT 7 PM
- NOVEMBER 18 : SENIOR BINGO AT CITY HALL FROM 1:30 PM - 2:30 PM

FOR MORE INFORMATION, VISIT CH.UTAH.GOV AND CLICK COMMUNITY CALENDAR

AMERICA250
NEIGHBORHOOD HERO

You know that neighbor?

The one who knows everybody's name. Who checks on you when your garbage cans haven't moved in two days. Who somehow organizes the block party every year while the rest of us contribute a bag of chips and call it good.

I have a couple of them within five doors of my house.

One noticed a kid trying to earn money for soccer cleats and found jobs for him to do. He's also a veteran. When a fourth grader walking by noticed his veteran flag and told him she'd learned some songs about America, he stopped to talk with her and answer all of her questions and let her learn a little about the person behind the flag.

In the other direction is a neighbor who makes sure new people don't stay strangers for long. She's thrown a Valentine's party just to help new neighbors make friends, organizes a block party every year where the kids refuse to go home until dark, and notices when someone hasn't been around for awhile and checks on them.

Neither of these people would probably call themselves a "Neighborhood Hero." Which is exactly why someone else should.

SO WHO IS YOURS?

Maybe it's the person who shovels more than their share of the sidewalk. The one who brings in your garbage cans, welcomes the new family, checks on the older neighbor, or quietly makes your little corner of Cottonwood Heights better.

It can even be the neighborhood dog who enthusiastically greets every human within a three-block radius. We're not ruling anyone out.



NOMINATE HERE

I've always believed the best thing about Cottonwood Heights isn't the view; it's the people who live underneath it.

As we celebrate America's 250th, let's celebrate the ordinary people doing the small, kind things that actually make a community a community.

Neighborhood Heroes will be recognized at the Star-Spangled Finale on November 12 at Butler Middle School

Nominations are due October 2.

If you thought of someone while reading this that's your sign. Nominate them!

- Micki Harris America 250



AMERICA 250 Stars, Stripes, & Spooky Nights

SPOOKTACULAR!

Monday Oct 26th
5:00-7:00pm

Trunk or Treat, Food, Games, Fun

CITY HALL
2277 BENGAL BLVD

FOR MORE FAMILY FUN
JOIN THE CH REC CENTER ON
FRIDAY OCT 23RD
FROM 7:00-9:00 PM FOR
FREE ICE SKATING

JOIN US FOR A SPOOKTACULAR EVENING OF COMMUNITY, CANDY, AND AMERICAN PRIDE!
WEAR YOUR COSTUME AND SHOW YOUR AMERICAN SPIRIT

CARNIVAL GAMES

TENT VENDORS

FOOD TRUCKS

PATRIOTIC TRUNKS

FAMILY FUN

CH PARKS & RECREATION
chparksandrec.utah.gov

CH.UTAH.GOV

Care for ourselves, others, and the earth - Continued from cover

meaningful difference in our city as a **Neighborhood Hero** (<https://www.cottonwoodheights.utah.gov/community/events/america250/neighborhood-heros/>). Please go to the city website and nominate by October 2nd. On **November 12th**, join us for a **Star Spangled Finale** to celebrate these helpful individuals.

Our lives are possible because of the air, water, and food provided by the earth. How are we treating the earth? Water quality in the Jordan River is declining due to litter and pollutants from our storm drain systems. The storm sewer drains rainwater and snowmelt off the streets, parking lots, driveways, etc. This water goes directly into the nearest stream or waterway without any treatment, so dumping something into the gutter is the same as dumping it into the nearest creek. "Love Your Watershed" started in 2020 to mobilize individuals and families to clean up trash and reduce pollutants.

I'm joining The Mayors Challenge and invite you to join me in two core actions. 1) First Friday Individual and Small Group Actions. On the First

Friday of every month, step outside and clean up anything in the gutters, driveways and parking lots, park strips, and storm drains. Put these items in a trash can, recycling bin, etc.

2) Neighborhood-Scale Days of Service. We're encouraging larger, organized cleanup efforts around parks, schools, and public areas. Gather your family, neighbors, business colleagues, or community and faith organizations to clean up trash on one of our National Days of Service: 9/11, Martin Luther King Day, Earth Day, or Independence Day.

As we remove trash and pollutants, we're helping The Great Salt Lake, which is where it all ends up if we don't act. **Join us to see a Sundance documentary, "The Lake", at city hall on September 10th at 6:00 pm!** Enjoy September as we care for ourselves, one another, and the earth. ■

TRAINING ANNOUNCEMENT



CERT REFRESHER

SEPTEMBER 17
7:00 PM

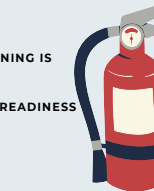
- OPEN TO EVERYONE-TRAINED OR NOT
- SHARPEN SKILLS, WHETHER YOUR TRAINING IS RECENT OR YEARS OLD
- CONNECT WITH LOCAL VOLUNTEERS
- HELP STRENGTHEN OUR COMMUNITY'S READINESS



ANY QUESTIONS CONTACT 801-944-7101











September at the County Library |

Teens	Family	Adults
Teen Monthly Origami: Cat Bookmark Monday, September 14, All day Includes folding instructions and paper. This month's origami is a cat bookmark. Packets are first come, first served. Teen Take & Make: Teen Bird of the Month - Cat Quetzal Monday, September 28, All day Come in the 4th Monday of each month in 2026 to make a different seasonal bird! Packets are first come, first served, while supplies last. *Sewing needle not included*	Produce Swap September 1 - 30 Bring the extra fruits and veggies from your garden to share with others, or just come and pick up some tasty produce. A table will be set up inside the library. The swap runs every day all month long. Utah Puppet Theater Friday, September 11, 11 am Come watch a fun and funny puppet performance from the Utah Puppet Theater! Family STEAM: Physics Fun Saturday, September 12, 1 pm Explore and learn with hands-on science. Babcock Performing Readers Thursday, September 17, 7 pm The Babcock Performing Readers present a dramatic reading of a play or poetry every month, bringing the written word alive with nothing but the power of their voices. Star Party with SLAS Friday, September 18, 8 pm Come and enjoy views of the moon, planets, stars, nebulae and galaxies through some of Utah's largest telescopes. The Star Party will begin at dusk (approximately 8:00 pm) and run until 10:00 pm, weather permitting. This is an after-hours event and will be held outside - the library will be closed.	All Ability Activity Kits available Tuesday, September 1 Pick up a fun activity kit designed for ADULTS and TEENS with intellectual disabilities while supplies last! Sound Bath Experience Tuesday, September 8, 7 pm During this time, you will experience a variety of vibrations and frequencies to help calm the mind, regulate the nervous system and stimulate deep relaxation. Be prepared to lay down, rest and enjoy. Bring a mat, blanket, pillow, or anything else to help you get nice and cozy. Adult DIY: Poe-Themed Cross Stitch Kit Tuesday, September 15, All day Get ready for spooky season with our Edgar Allan Poe-inspired cross stitch kit! Everything you need is included to create a little gothic flare for display or as a gift for your favorite covid enthusiast. Please beware, this is intended for ADULTS. Sharp objects and small parts are included. Limit one per person, while supplies last. Nonfiction Book Club Wednesday, September 16, 7 pm Join us for a discussion of new and noteworthy nonfiction books. This month's book is <i>Raising Hare</i> by Chloe Dalton. New readers are always welcome!
Early Learners Family Storytime Tuesdays September 8, 15, 22, 29 Wednesdays September 9, 16, 23, 30 10:15 am Storytime fun for the whole family. We'll be talking, singing, reading, writing, and playing. Ready, Set, Move! Thursdays September 10, 17, 24 10:15 am Can you "head, shoulders, knees and toes" with the best? Music and movement for little ones and their grown-ups. Play & Learn Thursdays September 10, 17, 24 11 am Interactive play and early learning activities for children ages 0-5 and their caring adult(s). Saturday Morning Stories Saturday, September 19, 10:15 Too busy for weekday storytimes? This storytime is for you! Children and a caring adult will have fun listening to stories, singing songs, and more in the upstairs storytime room.	Whitmore Gallery John Welch: Feel Good Color September 1 - October 31	Kids LEGO Club Wednesday, September 9, 4 pm Build and create with tons of our LEGO® bricks in the upstairs storytime room. Magic Tree House Book Club Wednesday, September 16, 4 pm Read the book and join us for discussion, activities and crafts! This month's book is <i>Dinosaurs Before Dark</i>. After School Fun: Map It! Wednesday, September 23, 4 pm Explore the world of maps with friends, activities, and art. Art for Kids & Tweens: Shrinky Dink Mythological Creatures Wednesday, September 30, 4 pm Explore mythological creatures and create a Shrinky Dink key chain.

The County Library | Whitmore
2197 E Fort Union Blvd
Cottonwood Heights, Utah 84121 | 801.943.4636
thecountylibrary.org

Cottonwood Heights Senior Corner





HEALTHY AGING

Small Choices. Lasting Impact.

Genetics accounts for only about **20%** of how we age, while the other **80%** is influenced by our daily habits, environment, and lifestyle choices. Making healthy choices and staying active and informed can help support a longer, healthier and more independent life.

Take advantage of these upcoming programs and resources:

STAY STRONG & STEADY
Sept. 22 | 10 AM-1 PM
Wheeler Farm Education Center, Murray Outdoors • One-time event
Meghan: mmattson@saltlakecounty.gov
Jen: 801-631-3560

KEEP LEARNING
Canyons Community Education
Evening classes for adults begin **Sept. 21**.

Explore new interests, stay active and connect with others.

Modest class fees apply.

PROTECT YOUR MEDICARE
Review your Medicare statements regularly.
Salt Lake County Aging & Adult Services offers **FREE Senior Medicare Patrol** assistance to help identify and prevent Medicare fraud.
385-468-3200 CALL FOR MORE INFORMATION

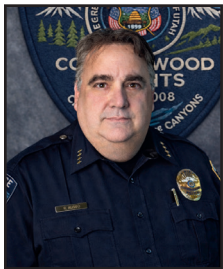


Add life to your years.

Stay active • Stay connected • Stay informed

Door-to-Door Solicitors: Know the Rules and Know When to Call

Police Chief Robby Russo



As warmer weather continues, the Cottonwood Heights Police Department (CHPD) has seen concerns regarding door-to-door solicitors operating within our neighborhoods. We want residents to understand their rights, know what is required of solicitors, and know when to contact police.

Cottonwood Heights has an ordinance regulating door-to-door solicitation. Unless an individual falls within one of the exemptions provided by city ordinance, anyone engaging in door-to-door solicitation is required to register with the city and obtain the required certificate before soliciting.

Some of the most common exemptions include:

- Utah state-licensed or registered professionals whose state-issued license, permit, certificate, or registration authorizes them to engage in door-to-door solicitation for goods or services.
- Previously requested deliveries or services, such as individuals delivering goods that were already ordered or providing services that were previously requested by the resident.
- Religious or political advocacy, including individuals advocating for or distributing information concerning a religious belief or political position.
- Certain charitable solicitation, including students raising funds for approved extracurricular social, athletic, artistic, scientific, or cultural programs.

It is important to understand that an exemption from the city's registration requirement does not necessarily exempt an individual from other requirements governing

solicitation and conduct within Cottonwood Heights.

At this time, Cottonwood Heights has no currently approved or issued solicitor licenses. Therefore, residents who encounter individuals conducting commercial door-to-door sales should be aware of the city's licensing requirements and are encouraged to contact CHPD if they believe a violation is occurring.

CHPD will be taking a zero-tolerance approach toward violations of the city's solicitation ordinance. Residents should not feel obligated to open their doors, speak with a salesperson, or explain why they are not interested.

A Posted "No Soliciting" Sign Means No Soliciting

Residents have the right to clearly indicate that solicitors are not welcome at their homes.

Even when a solicitor is otherwise properly licensed or registered, it is the solicitor's responsibility to look for and obey a properly posted "No Soliciting" sign or other notice indicating that solicitation is not permitted at the residence.

A salesperson does not have the right to ignore the sign simply because someone is home or because they believe the resident may be interested in what they are selling.

Failure to comply with the city's solicitation requirements can constitute a separate violation. Violations may constitute a **Class B misdemeanor**, punishable under Utah law by up to six months in jail and/or a fine of up to \$1,000.

What Residents Should Do

CHPD recommends several simple precautions when someone you do not know comes to your door:

Do not open your door to strangers. You can speak through the door, use a doorbell camera or simply choose not to respond. You are under no obligation to open your home to someone attempting to sell a product or service.

Ask to see identification and the solicitor's city-issued certificate or badge. If someone claims to be authorized to solicit in Cottonwood Heights, residents may ask to see

their credentials. Do not rely solely on a company shirt, identification badge produced by the company, clipboard or vehicle logo as proof that the individual is authorized to solicit within the city.

Post a "No Soliciting" sign if you do not want solicitors approaching your home. Once notice is properly posted, solicitors are expected to respect it.

Do not argue with or confront a solicitor. If you believe someone is violating the ordinance, obtain a description of the individual and, if safely possible, the company name and vehicle description. Let law enforcement handle the situation.

When to Call Police

If you believe a solicitor is operating illegally or has ignored your posted "No Soliciting" notice, please contact CHPD through non-emergency dispatch at 801-840-4000. Non-emergency dispatch is available 24 hours a day.

If the individual becomes aggressive, threatening, attempts to force entry, refuses to leave while creating an immediate safety concern, or you otherwise believe you or someone else is in danger, call 911.

Residents should never put themselves at risk attempting to detain, confront or photograph a solicitor.

Help Us Keep Our Neighborhoods Safe

Most residents know their neighborhoods better than anyone. When something does not look right, we want you to feel comfortable contacting us.

Our goal is not to discourage legitimate commerce. It is to make sure those conducting business door-to-door in Cottonwood Heights follow the law and, equally important, respect the wishes and privacy of our residents.

CHPD officers will be taking reported violations seriously and enforcing the city's solicitation ordinance. If you have posted a "No Soliciting" sign, you should reasonably expect it to be respected. ■

Simple Way to Cut Water Waste

Summer is winding down! Temperatures are starting to cool! And your lawn's water needs are decreasing! You can typically space your waterings an extra day apart beginning around Labor Day. For example, if you've been watering every three days during the summer, you would switch the controller to water every four days. And, as temperatures continue to cool even more in the next few weeks, you can space your waterings even further

apart. This is a simple way to cut water waste without much effort. You can also install a smart irrigation controller that automatically reduces water use as temperatures decrease, and there's a rebate for that! Check it out at UtahWaterSavers.com! ■



Storm-water Tip of the Month

Draining your pool? Make sure the water is dechlorinated first before pumping it into the gutter or storm drain. Give Public Works a call (801-944-7002) so we are aware of what is happening before you start. Storm drains flow directly to local creeks and rivers—chlorinated water can harm fish and wildlife. ■

Keeping Cottonwood Heights Strong: A Look at This Year's Tax Update



The recent decision to approve a property tax increase was not one the City Council took lightly. Councilmembers understand that there have been a number of increased expenses over the recent years, especially those on a fixed income. They devoted significant time and care to evaluating the needs of our community, listening to residents, and considering the real impacts this decision would have. Their vote reflects a commitment to maintaining the level of service our residents expect, even as costs continue to rise.

For several years, the City has utilized reserve funds to avoid raising property taxes while still providing the quality of service residents have come to expect. Despite increasing demands on city operations, Cottonwood Heights remains dedicated to providing the essential services that keep our community safe, functional, and thriving. With the

new funding, our police officers will be able to continue to respond quickly and effectively across the city, maintaining a strong safety presence. Public works teams will keep our roads maintained and clear during winter storms, ensuring safe travel, and our administrative staff will keep core city functions running efficiently, managing permits, supporting public meetings, and assisting residents daily.

It's important for residents to know that this year's increase affects only the Cottonwood Heights portion of your property tax bill, which represents a relatively small percentage of the total property taxes you pay. Utah's Truth in Taxation system prevents automatic property tax increases when home values rise. Each year, the State Tax Commission sets a certified tax rate that adjusts downward as property values increase, keeping city revenue from property tax essentially flat from year to year unless elected officials intentionally propose a change. In other words, inflation or rising home prices do not raise property taxes on their own. If a city needs additional revenue, it must follow the required Truth in Taxation process by publishing notices, providing information to affected property owners, and holding a public hearing so residents can weigh in. This ensures transparency and gives residents

meaningful opportunities to participate before any increase is approved.

This year's budget also introduces new financial policies designed to strengthen long-term stewardship of city resources. These updates will help guide decision making, improve tracking and evaluation of expenditures, and reinforce a strategic approach to future budgeting. With these new policies in place, the city is better positioned to anticipate future needs and plan proactively rather than reactively. Additionally a new Citizen's Committee will be formed. Together these steps will provide guardrails to ensure responsible budgeting continues into our future.

A key element of our long range vision is a renewed emphasis on economic development. Expanding the city's sales tax base is essential to reducing future reliance on property taxes and supporting the infrastructure, public safety services, and amenities our community will need. By encouraging responsible commercial development and supporting a strong local business environment, we can generate new revenue that helps maintain city services while easing future budget pressures.

We appreciate our residents' engagement and understanding as we work to ensure a well managed, resilient, and forward looking city. You can find more information on our website (cottonwoodheights.utah.gov/your-government/finance/truth-in-taxation). ■

Protect Yourself from Mosquitoes & West Nile Virus



The Salt Lake County Health Department is reminding residents to take precautions against mosquito bites after mosquitoes throughout Salt Lake County tested positive for **West Nile virus** (WNV) and the county confirmed its first human case of the year.

Because mosquitoes can travel several miles, residents should take precautions regardless of where they live in the county. Mosquito season continues until the first hard freeze, so prevention remains important throughout the late summer and fall.

Help Prevent Mosquito Bites

Residents can reduce their risk by taking these simple precautions:

- **Use mosquito repellent.** Choose an EPA-registered repellent containing DEET, picaridin, IR3535, or eucalyptus oil and follow the product directions.
- **Cover up after dusk.** Wear long sleeves and pants when spending time outdoors in the evening.
- **Drain standing water.** Regularly empty water from buckets, flowerpot trays, pet dishes, toys, old tires, and other containers around your property.
- **Keep gutters clean.** Remove leaves and debris that can allow water to collect.
- **Maintain ponds and water features.** Keep them clean and consider mosquito-eating fish or mosquito dunks where appropriate.
- **Check window and door screens.** Repair holes or damage that could allow

mosquitoes inside.

- **Trim weeds and tall grass.** Mosquitoes often rest in shady vegetation during hot daylight hours.

Stay Aware

Most people infected with West Nile virus experience no symptoms. Those who do become ill may experience fever, headache, and body aches. More serious illness is possible, particularly among adults over age 50 and people with weakened immune systems.

Taking a few simple steps around your home and protecting yourself from mosquito bites can help reduce the risk for you, your family, and our community.

Learn more about West Nile virus and mosquito prevention from the Salt Lake County Health Department: <https://www.saltlakecounty.gov/health/news/first-human-west-nile-virus-case-of-the-year/> ■

REMEMBERING BELLA VISTA ELEMENTARY

Jim Kichas, Historic Committee Chair

For the first time since 1965, Bella Vista Elementary will not greet students as the school year begins. For generations of Cottonwood Heights residents, late August and early September were defined by a return to the school and its "beautiful view" of the Wasatch Mountains. But while the 2026 start of the school year will be a quiet one at Bella Vista, its history is deeply woven into the fabric of our city.

Established in the mid-1960s during a period of rapid residential growth along the East Bench, Bella Vista Elementary opened its doors to meet the needs of a community that was growing quickly. Named for its spectacular panoramic views of Big and Little Cottonwood Canyons, the school quickly became much more than a place of learning. Newspaper research from its early years reveals that Bella Vista served as a crucial public gathering space for the entire area—hosting Cottonwood Heights Community Council meetings, holiday celebrations, municipal elections, and major community events that brought neighbors together.

Over the past six decades, thousands of local children walked its hallways, learned under the guidance of dedicated educators, and built lifelong friendships on its playgrounds. From annual holiday programs and science fairs to PTA carnivals and field



days, Bella Vista fostered an environment rooted in academic growth, creativity, and community spirit. It was not uncommon to see multiple generations of the same family pass through its doors, with former students returning years later as parents dropping off their own children.

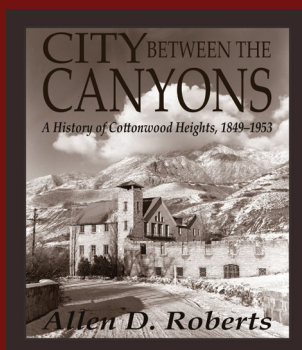
As our city has grown and changed over the decades, shifts in demographics and educational infrastructure have brought this chapter to a close. Yet, as Cottonwood Heights moves forward, we remain dedicated to preserving and honoring the stories, artifacts, and memories that made Bella Vista so special to so many.

To celebrate this rich history, the Cottonwood

Heights Historic Committee is currently partnering with Canyons School District and former members of the Bella Vista PTA to develop an exhibit that we hope to make available online and in City Hall this fall. This collaborative effort will feature historical photographs, archival items, and memories of time spent at Bella Vista Elementary.

More information on the exhibit and its official release will be coming soon. In the meantime, we invite our community to join us in remembering the rich history of Bella Vista Elementary and thanking the generations of educators, staff, and families who made it a cornerstone of Cottonwood Heights for over sixty years. ■

Book Sale



Buy the book!

Get your very own copy of the hardbound history book *City Between the Canyons: A History of Cottonwood Heights, 1849-1953*. Buy yours at City Hall for **\$10** or online at ch.utah.gov/history-book for **\$15** with shipping. ■



KING OF THE COURT



PICKLEBALL



TOURNAMENT

SATURDAY, SEPTEMBER 12
\$20/TEAM

FUN, RECREATION-LEVEL

RANDOM DRAW - WINNER MOVES UP, LOSER MOVES DOWN
REGISTRATION OPEN AUGUST 1, 2026

DOUBLES DIVISIONS:

(ALL PLAYERS MUST BRING A PARTNER)

BEGINNER MEN'S, WOMEN'S, AND MIXED
INTERMEDIATE MEN'S, WOMEN'S, AND MIXED



COTTONWOOD HEIGHTS PARKS & RECREATION
OUTDOOR PICKLEBALL COURTS - 7500 SOUTH 2700 EAST

6 TEAMS PER DIVISION - 90 MINUTES OF PLAY - FRANKLIN X-40 BALL

REGISTER AT CHPRSA.ACTIVITYREG.COM



City council members

MAYOR : Gay Lynn Bennion

801-944-7087 | mayor@ch.utah.gov

DIST# 1 : Matt Holton

801-944-7089 | district1@ch.utah.gov

DIST# 2 : Suzanne Hyland

801-944-7086 | district2@ch.utah.gov

DIST# 3 : Shawn E. Newell

801-300-3068 | snewell@ch.utah.gov

DIST# 4 : Ellen Birrell

385-910-5942 | ebirrell@ch.utah.gov

CITY MANAGER : Jared Gerber

801-944-7010 | jgerber@ch.utah.gov

City office

2277 E. Bengal Blvd.

Cottonwood Heights, UT 84121

Phone 801-944-7000

Fax 801-944-7005

Numbers to know

Emergency 911

Dispatch 840-4000

Fire authority 743-7200

Animal control 944-7100

Justice court 273-9731

Call direct

City manager 944-7010

City planning 944-7060

Public works 944-7002

Recorder 944-7015

Finance director 944-7012

Code enforcement 840-4000

Police administration 944-7100

City council meetings

- **September 1 :** Work session at 4 p.m. (tentative time), business meeting at 7 p.m. (tentative time)
- **September 15 :** Work session at 4 p.m. (tentative time), business meeting at 7 p.m. (tentative time)
- **October 6 :** Work session at 4 p.m. (tentative time), business meeting at 7 p.m. (tentative time)

City council meetings are held the first and third Tuesday each month at 4 p.m. and 7 p.m. unless otherwise noticed. Agendas are posted at least 24 hours before public meetings at ch.utah.gov/agendas.

Planning Commission

The Planning Commission generally holds meetings at 6 p.m. on the first Wednesday of each month.

Editor: Beatriz Mayorga,
Communication Manager

Looking for Advanced Learning Opportunities for Your Child?

Does your child have an insatiable curiosity, a need to explore subjects in surprising depth, or ability to quickly learn complex information? If so, your student may be a candidate for Canyons School District's SALTA magnet program. SALTA, Supporting Advanced Learners Toward Achievement, serves students who demonstrate

significantly high cognitive and academic abilities in comparison to their peers. Students in kindergarten through the seventh grade can apply to test in to the program from Sept. 8 through Oct. 2, 2026. Questions? See canyonsdistrict.org or call 801-826-5044. ■

Lottery Opens for Canyons School District's Popular Language Immersion Programs

Did you know that in Canyons District, it's possible to learn two languages at the same time and to graduate from high school fluent in both? Ten elementary schools offer dual immersion programs in Spanish, French, or Chinese — and it's nearly time for entering first graders (current kindergartners) to apply to enroll for the 2027-2028 school year. Applications are being accepted online anytime from Sept. 30 to Dec. 15. A lottery will be held to determine entrance

into the programs if the number of applicants exceeds the seats available, but any kindergarten-aged student in Utah may apply. Immersion programs are a great way to challenge students while preparing them to compete in today's global marketplace. Please note, students with siblings who are currently enrolled in a Dual-Language Immersion school must still submit applications by the Dec. 15 deadline. More information can be found at canyonsdistrict.org. ■

SUSTAINABILITY

From Our Park Strips to the Great Salt Lake: Small Choices, Shared Impact

Maverick Yeh, Planner III

The Great Salt Lake is one of Utah's most important natural resources, supporting wildlife, our economy, and the environment. Today, the lake faces significant challenges, including declining water levels, reduced inflows, shrinking wetlands and habitat, and increasing exposure of lakebed that can contribute to dust and air-quality concerns. While these challenges can feel far removed from our daily lives in Cottonwood Heights, the choices we make about water use are part of a much larger effort to create a more water-wise and resilient Utah.

The Connection Starts at Home
One place residents can make a difference is right outside their front door—the park strip. Park strips are the landscaped areas between the sidewalk and street. Because these areas are narrow, they can be difficult to irrigate efficiently, and overspray onto sidewalks and streets can lead to unnecessary water use.

Cottonwood Heights' park strip standards support a more water-efficient approach. Under CHMC 14.44.020, lawn is prohibited in park strips for new development, while water-efficient trees and landscaping are highly encouraged. The City also discourages overwatering, overspray, and excess runoff.

Water-wise landscaping does not mean eliminating vegetation. Trees remain an important

part of our streetscape, providing shade, supporting a healthy street canopy, and contributing to attractive and comfortable neighborhoods. The goal is to find the right balance between water conservation and a healthy urban landscape.

Small Choices, Shared Impact

No single household can solve the challenges facing the Great Salt Lake, but small actions across our communities can make a difference. Choosing water-efficient landscaping, maintaining healthy trees, checking irrigation systems for leaks and overspray, and using water thoughtfully all contribute to a more sustainable community.

Learn More About the Great Salt Lake

Want to learn more about the Great Salt Lake and why it matters to Utah?

Residents are invited to join us for a Great Salt Lake educational video presentation at Cottonwood Heights City Hall. September 10 | Doors open at 6:00 p.m. | Show begins at 6:30 p.m. |

Come learn more about the Great Salt Lake, the challenges it faces, and how our everyday choices can be part of protecting Utah's natural resources for future generations. ■

BUSINESS SPOTLIGHT

Yoga Sunne | Yogasunne.com | 2242 East Fort Union Blvd.

Yoga Sunné is a yoga sanctuary committed to energy, healing and strength. We just celebrated our 10-year anniversary! Yoga Sunné is open every day 5:45 AM -7:30 PM and offers 30+ classes weekly. We are a family-owned studio and residents of Cottonwood Heights. In addition to being a clean and beautiful space, we are confident you will experience serenity, strengthening and belonging. We offer heated, non-heated, gentle and intense classes. There are spacious locker rooms with multiple showers and abundant parking.

Yoga Sunné has infrared heating panels inside the practice room which have been proven to strengthen the immune system, facilitate better heart health, reduce inflammation and more. We offer regular sound baths with crystal singing bowls and other sound healing instruments which are great for relaxation and athletic recovery.

New students can try 10 days of unlimited yoga classes for \$40. Never visited Yoga Sunné? Mention this article and your first class is free. Yoga Sunné is a beautiful and welcoming space where you belong! ■



COMMUNITY

RED, WHITE & BLOOM

THANKS FOR SHOWING YOUR PATRIOTIC SPIRIT AND HELPING MAKE COTTONWOOD HEIGHTS A LITTLE MORE RED, WHITE, AND BEAUTIFUL! WE APPRECIATE YOU PARTICIPATING IN RED, WHITE & BLOOM AND SHARING YOUR CREATIVITY AND COMMUNITY PRIDE.

THE STEENBLIKS

THE LOUMEAUS

THE LAKES

THE SCOTTS

THE ROGERS

THE SHAFERS

THE LASSONS

HERE ARE THE MOST PATRIOTIC YARDS IN OUR COMMUNITY! CONGRATS TO THE WINNERS!

HEALTH IN HEIGHTS

Healing Conversations: Suicide Prevention Night

Canyons School District invites parents, families, and community members to attend Healing Conversations: Suicide Prevention Night on Tuesday, September 29, from 6:00–7:30 p.m. at Albion Middle School, 2755 Newcastle Drive in Sandy.

This important evening will focus on learning, connection, and hope. Participants will learn how to recognize warning signs, begin meaningful conversations with children and teens, and find resources to support those who may be struggling.

Topics will include:

- Recognizing the signs and knowing when to seek help;
- Starting the conversation with children and teens about difficult topics;
- Support and resources available to students and families;
- Building stronger connections and creating a culture of care and hope in our schools, homes, and community.

The evening will be presented in English and Spanish and is open to the community.

Tuesday, September 29, 2026 | 6:00–7:30 p.m.
Albion Middle School 2755 Newcastle Drive, Sandy, UT 84093

For questions or additional information, contact **Canyons School District Student Wellness Services** at 801-826-5000.

Together, we can make a difference. ■