



City Council Article Kelvyn H. Cullimore, Jr. - MAYOR

Shakespeare said, “Ingratitude, thou marble-hearted fiend.”

The approaching Thanksgiving holiday is an appropriate time to stop, count our blessings and assure ourselves that we are not guilty of Shakespeare’s label of ingratitude. However, bringing such focus to our lives only once a year seems wholly inadequate given the many ways family, friends and others bless our lives every day. I hope we are all making an effort to avoid the hypocrisy of an annual expression of thanksgiving by incorporating such expressions into our daily routines. It does us good to verbalize such feelings of gratitude and it warms the hearts of those to whom we express appreciation.

Today I would like to publicly express my appreciation and gratitude for the best city manager this city has ever had – Liane Stillman. Yes, I know she is the only city manager we have ever had, but in my mind that detail does not diminish the magnitude of her contributions and accomplishments.

Liane has been involved in municipal politics for decades. She was a driving force on the committee to incorporate the City of Holladay. She then served as that city’s first mayor. Following her term of service as mayor of Holladay, she was recruited by the committee to incorporate Cottonwood Heights. She faithfully attended the early morning meetings we held every Monday leading up to the vote of incorporation, and her knowledge and experience were crucial to the successful incorporation campaign.

After being elected mayor, I made what I believe is the most important contribution of my administration by encouraging Liane to apply for the city manager position. While I could not guarantee she would be hired, I knew her experience would be invaluable in guiding our start-up activities. Fortunately, the other council members agreed that there was nobody better to help guide the start-up of our new city than the person who had successfully guided the start-up of the City of Holladay. In fact, I dare say there is nobody

in this state more experienced and knowledgeable about starting up a new city than Liane Stillman.

One of the most important tasks in setting up a new city is hiring the right personnel. After Liane was appointed, she worked in less than optimal circumstances with no real offices and no real budget or benefit programs to offer new employees. She was not attracted to the trappings of her appointment; rather, she was driven by the objective of creating a successful city.

Liane’s style of leadership has always been to help the city’s elected leaders and staff succeed and then celebrate their accomplishments, not her own. While direct in her communications about problems or expectations, she never sought the limelight for herself and instead chose to effusively praise those she led. As a mayor and council, we have been credited many times for successes that track back directly to her.

Continued pg 4

Local Residents File Suit Over Planning Commission Decision

In June 2012, the Cottonwood Heights Planning Commission voted four to three to approve a conditional use permit for the Cottonwood Corporate Center Southwest Project. The plans for the project include two office buildings and a two-level parking structure on an 8.86-acre parcel of land located at approximately 2800 E. Cottonwood Parkway.

Although the applicable zoning regulations have been materially unchanged since the Cottonwood Corporate Center was approved by Salt Lake County in the early 1990s (before the city’s 2005 incorporation), residents in the neighboring Mill Hollow neighborhood voiced concern that the plans for the property were too intense with relation to the height of the structures and the proximity of the buildings to residential homes.

The city’s planning commission addressed many of the residents’ concerns by imposing nearly 50 conditions on the developer in order

to mitigate the impact of the project, but ultimately concluded that the city could not legally require the developer, Cottonwood Partners, to reduce the height of the buildings or deny the conditional use permit.

“In my opinion, the planning commission should have the right to limit the height of buildings permitted with a conditional use permit due to negative impacts such as aesthetics, noise, light pollution, etc. Unfortunately, case law does not support my opinion,” said Planning Commissioner Lindsay Holt before the vote.

Neighborhood residents appealed the planning commission’s decision to the city’s board of adjustment, saying that the planning commission had decided the matter incorrectly. On Sept. 6, the board of adjustment unanimously upheld the planning commission’s decision.

Residents in the Mill Hollow neighborhood filed a lawsuit

in Third District Court on Sept. 20, asking for a review of the planning commission’s decision. The city has answered the complaint, and both parties have stipulated that Cottonwood Partners can join the suit. A hearing date has yet to be determined.



CITY INFORMATION:
City Council Members

- MAYOR**
Kelvyn H. Cullimore, Jr.
kcullimore@ch.utah.gov
- DIST# 1** - Michael Shelton
mshelton@ch.utah.gov
- DIST# 2** - J. Scott Bracken
sbracken@ch.utah.gov
- DIST# 3** - Michael J. Peterson
mpeterson@ch.utah.gov
- DIST# 4** - Tee W. Tyler
tyler@ch.utah.gov
- CITY MANAGER** –
Liane Stillman
lstillman@ch.utah.gov

CITY OFFICES:

1265 E. Fort Union Blvd. #250,
Cottonwood Heights, UT 84047

phone (801) 944-7000
fax (801) 944-7005

CALL DIRECT:

- City Manager.....944-7010
City Planning.....944-7065
Public Works944-7090
Recorder.....944-7021
Treasurer.....944-7077
Finance Director.....944-7012
Code Enforcement.....944-7095
Customer Service.....944-7000
Media Relations944-7015
Police Administration.....944-7100
- To hear the agenda for the next city council meeting call: 944-7003
- For the planning commission agenda call 944-7004
- For details about the agendas, check our web site:**
www.ch.utah.gov

Writer/Editor
Stephanie Archibald
sarchibald@ch.utah.gov

Designer - Jeimi Woffinden

NUMBERS TO KNOW:

- Emergency**..... 911
Dispatch..... 840-4000
Fire Authority..... 743-7100
Animal Control.....840-4000
Justice Court.....273-9731



FIRE AND FALL PREVENTION

The National Fire Protection Association (NFPA) and the Centers for Disease Control and Prevention (CDC) have developed a program to help older adults live safely at home for as long as possible.

“Remembering When” is centered around several key fire and fall prevention messages developed by experts from national and local safety organizations.

- **Fact:** At age 65 and older, adults are twice as likely to be killed or injured by fires or falls compared to the population at large.
- **Fact:** Thirty percent of people age 65 and older are involved in falls each year, and falls are the leading cause of death from unintentional injury in the home.
- **Fact:** In the U.S. and Canada, adults age 65 and older make up about 12 percent of the population – and their numbers are increasing

FIRE PREVENTION TIPS:

If you smoke, smoke outside. Use deep, sturdy ashtrays. Wet cigarette butts and ashes before throwing them out or bury them in sand. NEVER smoke in bed.

Give space heaters space. Keep them at least three feet away from combustibles. Shut off and unplug heaters when you leave the room or when you are going to bed.

Be kitchen wise. Wear tight-fitting clothing or short sleeves when cooking. Use oven mitts to handle hot pans. Never leave the

things you are cooking unattended. If a pan of food catches fire, slide a lid over it and turn off the burner. Don't cook if you are drowsy from medication.

Stop, Drop and Roll. If your clothes catch on fire, stop (don't run), drop gently to the ground, and cover your face with your hands. Roll over and over to put the fire out. Use cool water to cool the burn and seek medical attention right away.

Smoke alarms save lives. Make sure you have working smoke alarms installed in every living area in your home. Make sure to test your smoke alarms and change the batteries as needed. If you need help reaching your alarms, please ask someone to assist you.

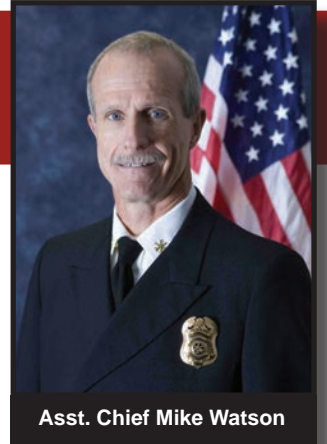
Plan for a fire. Know two ways out of every room in your home. Make sure you can easily open windows and doors. Plan your escape route around your abilities. Know to call 9-1-1 in case of a fire and if there is a fire, get out of your home and stay out.

FALL PREVENTION TIPS:

Exercise Regularly. Exercise builds strength and improves your balance and coordination. Ask your doctor about the best physical exercise for you.

Take your time. Get out of chairs slowly. Sit a moment before you get out of your bed. Stand and get your balance before you walk. Be aware of your surroundings.

Clear the way. Keep stairs and walking areas free of electrical cords, shoes, clothing, books, magazines and other clutter.



Asst. Chief Mike Watson

Look out for yourself. Poor vision will increase your chance of falling, so visit an eye specialist once a year. Improve the lighting in your home. Use night-lights to light the path between your bedroom and your bathroom. Turn on the lights before using the stairs.

Wipe up spills immediately. Use non-slip mats in the bathtub and on shower floors. Have grab bars installed on the wall in the tub and the shower and next to the toilet.

Be aware of uneven surfaces. Use only throw rugs that have rubber, non-skid backing. Smooth out wrinkles and folds in carpeting.

Tread carefully. Stairways should be well-lit from top to bottom. Have easy-to-grip handrails installed along the full length of both sides of the stairs.

Put your best foot forward. Wear sturdy, well-fitted, low-heeled shoes with non-slip soles.

These are safer than high heels, thick-soled athletic shoes, slippers, or stocking feet.

Information gathered from www.nfpa.gov.



Holiday Crime Prevention Tips

A message from Cottonwood Heights Neighborhood Watch



During the holidays, the potential for thefts and robberies increases. More people are out and about, and they are carrying more gifts and money than during other times of the year. While there's no need to be afraid, you should keep in mind the following holiday safety reminders:

- Carry your valuables wisely. Do not keep cash in your wallet. Instead, keep it in an inside pocket and only carry the credit cards you'll need.
- Do not leave valuables in your vehicle. If you must leave packages in your car, put them in the trunk. Keep receipts with you.
- Carry a cell phone with you. If someone makes you suspicious or uncomfortable, notify security or call the police. Program the CHPD non-emergency number, 801-840-4000, into your phone.
- Whenever possible, park and walk in well-lit areas. Be aware of your surroundings, and especially the people around you.

- Carry your purse close to you, with the opening or flap towards your body. Never leave a purse unattended in a shopping cart.
- Do not keep a wallet, credit cards or cash in a backpack. If you are in a crowd, consider carrying the backpack in front of you. Pickpockets can quickly and easily remove items from a backpack without being noticed by the owner.
- Protect your credit card numbers and other personal information. Carefully dispose of receipts that have a credit card number on them. Never provide credit card information in response to unsolicited calls or emails.
- Don't announce your new high-dollar purchases after the holidays. Break down the boxes of TVs, stereos, computers, etc., and turn them inside out before putting them in the trash.
- If you are traveling for the holidays, make your home look “lived in.” Have a friend or

neighbor collect your mail and newspapers or have your service suspended while you are away. Use timers to turn lights off and on.

To report suspicious activity, please call 801-840-4000. For emergencies, call 911.

POLICE
City Between the Canyons

POLICE/FIRE/EMS EMERGENCY: 911
Non-Emergency Police Response: (801) 840-4000
Police Department Offices: (801) 944-7100
Cottonwood Heights City Offices: (801) 944-7000
www.cottonwoodheights.utah.gov

Chief E. Robby Russo • Mayor Kelynn H. Cullimore, Jr.

www.CHNeighborhoodWatch.com

COTTONWOOD HEIGHTS NEIGHBORHOOD WATCH
WE SEE • WE HEAR • WE CALL



www.cottonwoodheights.utah.gov



Local Business Community Gets A Boost With Opening Of Old Mill IV Building

Beginning in November, tenants will start to move into the newest Class A office building in Cottonwood Heights—the Old Mill IV building located at 6330 South 3000 East.

The six-story, 230,000 square-foot building was designed by VCBO Architects, the firm that also designed the new Butler Elementary School for Canyons School District. The building is LEED Gold Certified, meaning that it was built according to green design, construction, operations and maintenance standards. Old Mill IV is one of only a few buildings in the state to receive this certification.

Despite the fact that the interior of the building is still being finished, five tenants have already signed on and the building is completely leased out. The first tenant will move to the building in November, and the final tenant will relocate to Cottonwood Heights in March.

Three of the five tenants are new to Cottonwood Heights and bring the potential for positive economic impacts such as possible employment opportunities. The list of tenants includes:

- Instructure, creator of Canvas technology. Canvas is used to teach classes in most of Utah's higher education institutions as well as several Utah school districts. The company has contracts with more than 250 institutions nationwide.
- Mass Mutual offers life insurance, investment opportunities and financial planning.
- Gallagher Benefit Services, Inc. offers health, retirement and human resources services and benefits.
- Master Control specializes in software and implementation services.
- Beckstrand & Associates are the developers of the Old Mill Corporate Center, and their offices will be located on the main floor of the building.

Cottonwood Heights welcomes these businesses to the city.

What Is This Blinking Yellow Arrow?

by: Mike Allen

You may have noticed that transportation departments and local entities across the country are implementing a flashing yellow left turn arrow at signalized intersections, and Cottonwood Heights is no exception.

The city now has two of these signals, one at Fort Union and Wasatch Boulevards and the newest one at Fort Union and Union Park Avenue. This has prompted a few calls to the city asking **why** these signals are being used and **how** to navigate through the intersection.

FIRST, THE WHY.

1. **Less Traffic Delay** – Drivers have more opportunities to make the left turn movement with a flashing left turn arrow than with a traditional signal, which keeps cars moving.
2. **More Flexible** – The new yellow flashing turn display provides more options to effectively handle ever-growing traffic volume and reduce traffic back-ups.

NOW, THE HOW.

As always, a green left turn arrow means

you may make a protected left turn since oncoming traffic will be stopped. The flashing yellow left turn arrow indicates that oncoming traffic is not stopping and you may only make a left turn only when it's safe to do so. Just as before, a steady yellow arrow means the red light is coming and you should not enter the intersection if you can stop safely. A steady red arrow means stop.

So remember this when you encounter the flashing yellow light: *you may proceed into the intersection, but before making your left turn you must yield to oncoming traffic until your turn can be made safely!* **Please** drive safely and always remain aware of your surroundings.

For more information on blinking yellow arrows, you can visit udot.utah.gov or stop by the city office and pick up a brochure.

TRADITIONAL



NEW



LEFT-TURN SIGNAL DISPLAY CHANGES

The flashing yellow arrow replaces the circular green signal used in the traditional left-turn signal configuration to indicate the need for left-turning vehicles to yield to oncoming traffic and pedestrians.

QUICK SUMMARY



STEADY RED ARROW

Left turning vehicles stop and wait.



STEADY YELLOW ARROW

Drivers should not enter the intersection if they can stop safely.



FLASHING YELLOW ARROW

Pull into the intersection and turn left after yielding to oncoming traffic and pedestrians.



STEADY GREEN ARROW

Proceed with left turn.

**YIELD
on
YELLOW!**

THE FLASHING YELLOW
LEFT ARROW AND YOU





Thank You!

Liane, you will be missed

Thanks to Liane

City Council Article *Continued from page 1*

For example, on one occasion we decided to submit Liane’s name for a “Best of State” award in the category of appointed official in the public sector. We could not even hint at what we were doing or she would have put a stop to it. In fact, one of the rare times she showed a little frustration was when we told her we had missed the deadline to submit an application to “Best of State” for another city employee who she believed deserved the award. She did not realize we had nominated her instead. Upon receiving notification of her selection for the award, she was totally shocked and somewhat embarrassed. We all enjoyed the moment as it was recognition she never would have sought, but was well deserved.

Though she has accomplished much in eight years as manager of this city, one of her greatest accomplishments is her leadership in emergency preparedness, which ultimately led to national recognition for our city. Her knowledge of municipal, state and county politics also allowed Cottonwood Heights to quickly take its place at the table of regional and state government and to have immediate credibility due to the respect others had for her. We unashamedly leveraged her credibility for the benefit of the city in its early years and continue to do so today.

I personally benefitted greatly from her tutelage. Imagine my concerns as an inexperienced public servant taking office as the mayor of a brand new city; there were no shoes to step into and no organization already in place. Instead, I was well-taught and tutored by Liane. If I have been effective, it is in large part due to the personal

and direct training I received from her. Every new mayor should be so lucky as to have Liane Stillman as their mentor.

We have met together weekly for the last eight years, planning the creation and progress of our community. She never once directed me to do anything or criticized me, but she had a way of asking questions anytime I was on slippery ground – which was all too frequent – that let me know I needed to consider my actions carefully. Thanks to her guidance I have avoided many mistakes, and I will greatly miss the camaraderie and friendship I have developed with her. Our bonds of friendship have been forged in the fire of facing the challenges of starting a new city together. Those are strong bonds, creating memories that will never be forgotten. But I understand her desire to join her husband in retirement and continue in the more important role of grandmother!

In our form of government, the mayor and elected officials provide policy and budget input while the city manager runs the day-to-day affairs of the city. Most are amazed at what we have accomplished in eight years. I am not. Why? Because I have witnessed the effectiveness of our city manager, Liane Stillman, to whom goes all thanks for the successful creation, launch and management of the best city in the State of Utah. Lest I be considered a marble-hearted fiend, let me go on record saying those simple, inadequate but sincere words, “Thanks, Liane.” You are going to be missed more than you know.

Big Cottonwood Canyon Trail Nearing Completion

After a late start, the third and final phase of the Big Cottonwood Canyon Trail is under construction. Crews are working on grading and compacting the trail, though asphalt work may have to wait until spring, depending on the weather.

The finished section of the trail circles Spencer Pond near 3000 East and then follows Big Cottonwood Canyon Road past the Old Mill. The portion of the trail that is now under construction starts at approximately 3500 E. Big Cottonwood Canyon Road and follows Big Cottonwood Creek under Wasatch Boulevard to the park and ride lot at the mouth of the canyon.

We are excited for this beautiful addition to the trail systems available within the city!



CITY COUNCIL MEETING SCHEDULE

All City Council business meetings are held in the council chambers, 1265 East Fort Union Blvd., Ste. 300. The work meetings are held in the conference room at the same address but in Ste. 250. The November meeting schedule is as follows:

- **Tuesday, November 6th**
6 p.m. Work Meeting
- **Tuesday, November 13th**
6 p.m. Work Meeting
(reconvenes following business meeting)
7 p.m. Business Meeting
- **Tuesday, November 20th**
6 p.m. Work Meeting
(reconvenes following business meeting)
7 p.m. Business Meeting
- **Tuesday, November 27th**
6 p.m. Work Meeting
(reconvenes following business meeting)
7 p.m. Business Meeting

HISTORICAL QUESTION

More than 100 years ago, a new LDS church building for the residents of Granite and Butler was built in an area that is now located in Cottonwood Heights. Do you know what it was named and where it was located?

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COMMUNITY CULTURE

Community Culture

The Cottonwood Heights Arts Council hosted its annual art display, "Works of Mixed Media by Local Artists," during the month of October. The eighteen participants were excited to display their work and to get to know some of their fellow artists and the work that they do. The show featured landscapes, portraits, still life and contemporary art in oil, acrylic, watercolor and giclee.

While one artist was only 10 years old, others were veterans; but each had to courage to share their love of art and their talents with our community. They also gathered at a Meet and Greet on Oct. 18 to speak with members of the community about their paintings.

The arts council would like to thank Whitmore Library for being such a wonderful partner in this event. The library's newly remodeled gallery and the staff's willingness to help display these works of art. We hope to see more interested artists next year and look forward to a bright future for this event.

Contributing Artists:

- | | |
|-----------------------|--------------------|
| Bruce Hansen "Gunner" | Gail Gray |
| Karen Brasher | Larry Murdock |
| Betty Michaut | Anthony Ithurralde |
| Gay Lynn Marion | Barbara Hickok |
| Emmett Brown | Ronnie Strassberg |
| Kendra Burton | Austin Simkins |
| Bryce Bennett | Bus Riley |
| Georgia Bruening | Karen Foster |
| Susan Gerberding | Robert Ithurralde |



On October 20, the arts council hosted the closing event for the Write for the Heights writing contest at Whitmore Library. Keynote speaker Ken Verdoia talked about Pakistani student activist Malala Yousafzai, who survived a recent assassination attempt by members of the Taliban, and encouraged the audience of approximately 40 participants to be courageous in their writing endeavors.

"Writing, the simple act of putting your thoughts on paper, establishes your courage as a contributing individual," said Verdoia.

The arts council also announced the winners of the writing contest, whose work will be posted on the city website in the coming weeks.

Youth Poetry:

Winner: Helena Duncan
Honorable Mention: Katie Kantaris

Youth Fiction:

Winner: Linnea Choquette
Honorable Mention: Madison Seyfried

Adult Poetry:

Winner: Tori Edwards
Honorable Mention: Richard Guthrie, Bonnie Glee Thomas

Adult Fiction:

Winner: Ruth Richardson
Honorable Mention: Robert Cash, Steve Chambers



Santa Needs Elves This Year!

Cottonwood Heights city employees are sponsoring their fifth annual Sub for Santa Program. This year, Brighton High School has graciously joined in to help with the event.



During the holidays, it's easy to get caught up in the hustle and bustle of the season. But over the years city employees, local businesses and residents have truly enjoyed the tradition of helping to make the lives of less fortunate families in Cottonwood Heights a little brighter. Helping to provide necessities and gifts for a few local families who have fallen on hard times has helped us to remember what the Christmas Spirit is really about.

If you would like to help us in this worthy cause, financial donations and gift certificates may be mailed to or dropped off at the city offices, located at 1265 E. Fort Union Blvd., Ste. 250, until Dec. 7. Those who would like to purchase specific gifts can contact Renita Pullman at 801-944-7031 or rpullman@ch.utah.gov or Ann Eatchel at 801-550-8225 or aeatchel@ch.utah.gov.

Thanks for your help!

City Council Appoints Deputy City Manager

At their meeting on Oct. 23, the Cottonwood Heights City Council appointed Linda Dunlavy as the city's new deputy city manager. Dunlavy will transition out of her current role as city recorder, though she will continue to serve as human resources manager. Her new duties begin immediately.

Before approving the appointment, Mayor Kelyvn Cullimore noted that City Manager Liane Stillman has announced her retirement, and said

he believes the appointment of a deputy city manager will help make the change in city administration run smoothly.

Dunlavy's appointment means she will be only the second person to hold the job of Cottonwood Heights Deputy City Manager. Kevin Smith served in that capacity until he took a job out of state nearly three years ago.

The city is in the process of hiring a part-time city recorder.



November 2012



COAT DRIVE



**All sizes needed,
especially Mens' L and XL**

Drop off sites:

Cottonwood Heights Recreation Center
7500 South 2700 East

Cottonwood Heights City Offices
1265 E. Fort Union Blvd. #250

Please drop off COATS by Nov 16, 2012

Donations
to benefit



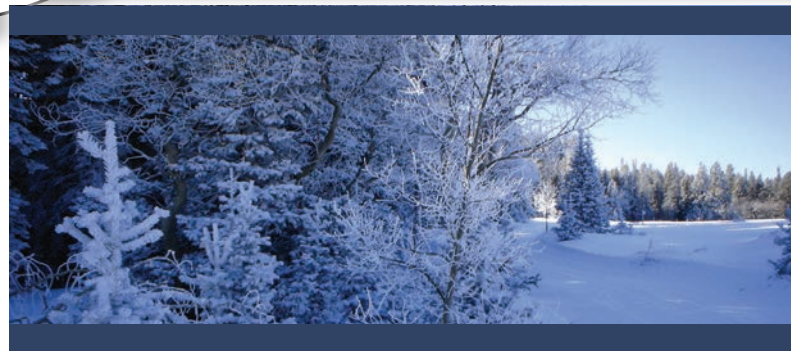
November is Alternative Fuel Vehicle Awareness Month

The Cottonwood Heights City Council has joined Governor Gary Herbert and 40 mayors from across the state in declaring November to be Alternative Fuel Vehicle Awareness Month.

Utah, with a population of 2.8 million people, has more than 2.5 million license plates registered in the state. Traffic congestion and poor air quality along the Wasatch front, especially in the winter, have caused lawmakers to take measures to encourage residents to look into alternative fuel vehicles. For example, the state has declared a compressed natural gas (CNG) corridor along I-15 from St. George north to the Idaho border.

If you are looking into buying a new car, consider looking into a vehicle that uses alternative fuel sources such as hybrids, battery

electric cars, or vehicles that use CNG or clean biodiesel and ethanol. Not only do alternative fuel vehicles reduce the need for petroleum and foreign oil products, they help reduce negative impacts on our air quality and the environment.



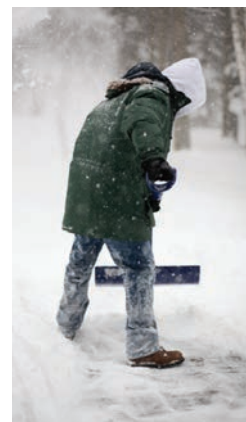
Snow Removal: We need your help!

It's time to bust out the shovels and snow blowers, because winter is on its way! Now is a good time to read the city's snow removal ordinance--Title 11 of the municipal code--and remember these important facts:

- Residents must move parked cars off the street when there is any accumulation of snow until 24 hours after the storm has passed. This prevents snowplows from having to make multiple passes on the same street, which in turn helps keep the city budget healthy.
- Residents are responsible to clear the sidewalks adjacent to their property. Sidewalks need to be cleared of snow within a reasonable time on the same day the snow falls, unless the snowfall occurs after 8 p.m. In that case, it can wait until the next morning but must be gone by 10 a.m.

Remember, effective and timely snow removal prevents injuries and saves money, and we encourage you to be aware of neighbors who may need assistance. We appreciate the help of our residents in keeping our community safe.

If you have questions regarding snow removal procedures, please call the city offices at 801-944-7000 or submit a question through the Help Desk system on the city website.



Women, Take Time Out For You A Mammogram Could Save Your Life

According to a recent newsletter from the Salt Lake Valley Health Department, breast cancer is the second leading cause of cancer deaths among women in the United States. However, Utah has the third lowest rate of mammography in the nation at just 66.4 percent.



Early detection of breast cancer saves lives. In fact, routine screening with mammography can reduce breast cancer deaths by 20-30 percent in women aged 50 to 69 years, and by 17 percent in women aged 40 to 49 years.

To women 40 years old and older: please take time out of your busy schedules to get a mammogram. To family and friends: please step in and help make it easier for women to get this necessary screening. We owe it to our mothers, daughters, sisters and friends to give them the best possible chance at good health.



www.cottonwoodheights.utah.gov

Get rid of those leaves before the snow flies!

FREE WAIVERS AND FREE LEAF BAGS AVAILABLE

Threatening skies, winter temperatures and snowfall in the mountains all mean one thing: we'll soon be trading yard work for snow removal! Before the snow falls, make sure your yard is ready by taking advantage of these services from Salt Lake County Sanitation.

- **Fee waivers**—The sanitation district is offering fee waivers for pickup truck or trailer loads of bulk waste and green waste during the month of November. The loads must originate from the user's personal residence, and cannot contain hazardous waste such as tires, batteries and chemicals. Waste will be accepted at the Salt Lake Valley Landfill, 6030 W. California Avenue, Monday through Friday from 7 a.m. to 5 p.m. Fee vouchers are available at the Cottonwood Heights city offices.
- **Fall Leaf Bag Program**—Residents are encouraged to mulch or compost fallen leaves if possible. However, if composting isn't feasible, free leaf bags are available at the city offices, the Cottonwood Heights Recreation Center and Whitmore Library. Bags full of leaves can be dropped off in designated trailers at Bywater Park (3300 7420 South) until Nov. 30. The sanitation district will empty the trailers daily.



Limited to
2,000 RUNNERS-
tech shirt w/ entry

NOV. 22
9:00 am
START TIME

THANKSGIVING DAY 5K 2012
for all ages

To register & for more information
go to runcottonwoodheights.com



GRANITE

Races Held In Big Cottonwood Canyon For The First Time

In September, Big Cottonwood Canyon was the scene of two events that have never happened before in the history of the canyon: a marathon and half marathon.

On Sept. 8, Vigor Utah sponsored a half-marathon down the canyon. Then on Sept. 22, Brooksee, LLC sponsored the Big Cottonwood Marathon and Half, which began at Brighton Ski Resort and ended at the Cottonwood Corporate Center. Both races were granted permits through the city's special events policy and the organizers paid for police and traffic services.

Several Cottonwood Heights residents ran in the races, but two home-town athletes stood out. Cameron Kasteler, who grew up in Cottonwood Heights and whose parents still live in the city, won the Big Cottonwood Marathon with a time of 2 hours, 46 minutes, 22 seconds. Resident Angie Welder was the first woman to finish the Big Cottonwood Half Marathon with a time of 1 hour, 23 minutes, 47 seconds.

We congratulate Cameron and Angie and all who participated in these two events.





Cottonwood Heights Rec Center



Family Memberships

7 pools
6 racquetball courts
yr. round ice arena
basketball gym
indoor track
weight room
cycling room
cardio room
nursery
...& over 60 fitness classes a week!

We have affordable day passes & memberships for the whole family.

***TAKE A FREE TOUR & GET A FREE DAY PASS**

*Must be at least 18 yrs. of age, limit one pass per person.



Burn Calories Thanksgiving Day at CHRC

Facility Hours
7 am-1 pm
Public Skating
10 am-12 noon
Open Plunge
9 am-12 noon

Special cycle & fitness classes also available that day: sign-up at the main desk by Nov. 21~





COTTONWOOD HEIGHTS Thanksgiving Day 5k

Join us on Thanksgiving morning to celebrate the holiday with our annual 5k Run/Walk. To register, go to runcottonwoodheights.com or in-person at the Rec Center. Event is limited to 2,000 runners, so register early!

Thursday Nov. 22
9 am start





Learn to Swim

All ages & abilities learn to swim in our heated pools with our qualified instructors.

Classes begin in Nov. for morning & evening sessions

Water Aerobics

*Newcomers try classes for **FREE** the 1st Thurs. of the month.

*Must be at least 14 yrs. of age.

CHRC Ironman Challenge

Enter & complete our Ironman bike, run & swim challenges over Nov.5-18: get our Ironman tech shirt. For more info, go to cottonwoodheights.com.



801.943.3190 / 7500 S. 2700 E. Cottonwood Heights, Ut 84121

 Cottonwood Heights Recreation
cottonwoodheights.com

Cyclists, Tell Us About Your Experiences In CH



Did you know that between 2007 and 2009, Cottonwood Heights children accounted for 105 emergency room visits as a result of accidents on non-motorized scooters, skateboards and bicycles? Until recently, neither did we!

Cottonwood Heights has been working with the health department's Violence and Injury Protection Program to promote the use of bike helmets and also to gather information from cyclists about what it's like to ride in our city. We're also looking for

suggestions on how to help people in the community understand the importance of bicycle safety.

However, we can't do it without your input! To that end, the health department has created an eight-question opinion survey regarding community bike safety which we have linked to the front page of our website, www.ch.utah.gov. We urge you to go online and let us know your point of view.

Thanks for your help!

HISTORICAL ANSWERS

Answer To November Historical Committee Question:

On July 1, 1877, the Granite Ward of the Church of Jesus Christ of Latter-day Saints was created. It included residents from both the Granite and Butlerville communities. Since most of the people who came here were settling near the mouth of the two canyons, it was decided to build a chapel halfway between the two towns. James Muir, William Thompson, and Andrew Hansen, Sr. were members of the committee chosen to oversee the construction.

The church building was started January 20, 1886 and dedicated July 1, 1892. It was constructed of granite rock from Little Cottonwood Canyon. The building was oval shaped and measured approximately 30 feet by 40 feet. It was located at about 8600 S. Wasatch Blvd. on the west side of the street.

The location didn't work out and so the Granite Ward was divided on March 12, 1901, creating the Butler Ward. This left the Granite-Butler building vacant. Most of the stones used to build the building were eventually hauled away by residents in the area.